



# Grace Episcopal Church

3601 Russell Rd. Alexandria, Virginia 22305

[www.gracealex.org](http://www.gracealex.org) 703.549.1980

## First Sunday in Lent

February 22, 2026 – 10:30 am

Holy Eucharist, Rite I



Connecting @ Grace

Address: 3601 Russell Rd., Alexandria, VA 22305 ♦ Phone: 703.549.1980 ♦ Website: [www.gracealex.org](http://www.gracealex.org)

Facebook: [www.facebook.com/GraceEpiscopalChurchAlexandriaVa](https://www.facebook.com/GraceEpiscopalChurchAlexandriaVa) ♦ Instagram: @graceepisalexva

YouTube: Search Grace Episcopal Alexandria, Virginia on Youtube.com

## WELCOME TO GRACE EPISCOPAL CHURCH

We are pleased to welcome you to Grace Church. If you are joining us for the first time, please send us a message at [welcome@gracealex.org](mailto:welcome@gracealex.org), so we can get to know you. We can also add you to our mailing list by request. We're glad to have you join with us in worshipping God in the beauty of holiness, something which is central to our identity at Grace. We hope you will join with us in sharing the love of God with this world that needs healing. Assisted listening devices are available for use during worship. Please see an usher if you'd like to use one.

 Please silence your cell phones during worship.

### Our Mission Statement

To Love, Proclaim, and Serve God

*through life-giving liturgical worship + joyful community + empowering others*

### Contacting Grace

Please feel free to contact our staff.

Our office hours are Monday to Thursday 9 am – 3 pm, and 9 am – 12 pm on Fridays.

*(Mother Anne is out of the office on Mondays & Mother Emma & Father Jon are out of the office on Fridays)*

### Staff

**Betsy Bamford**

**Jane Avery**

*Nursery Workers (part-time)*

**The Rev. Emma Brice**

*Associate Rector & School Chaplain*

[emma.brice@gracealex.org](mailto:emma.brice@gracealex.org)

**Mary Cyrus**

*Financial Administrator (part-time)*

[financial.admin@gracealex.org](mailto:financial.admin@gracealex.org)

**Kevin Hamilton**

*Director of Operations and Communication*

[director.of.operations@gracealex.org](mailto:director.of.operations@gracealex.org)

**Josh Harrington**

*Interim Director of Music (part-time)*

[josh.harrington@gracealex.org](mailto:josh.harrington@gracealex.org)

**Pedro Hernández**

**Amorita Quintanilla**

*Sextons*

**Amanda Hungerford**

*Head of Grace Episcopal School*

[ahungerford@graceschoolalex.org](mailto:ahungerford@graceschoolalex.org)

**Ginny Leebrick**

*Interim Family Ministries Assistant*

[Ginny.leebrick@gracealex.org](mailto:Ginny.leebrick@gracealex.org)

**The Rev. Jon Scarffe**

*Interim Assistant Rector*

[jon.scarffe@gracealex.org](mailto:jon.scarffe@gracealex.org)

**The Rev. Dr. Anne Michele Turner**

*Rector*

[anne.turner@gracealex.org](mailto:anne.turner@gracealex.org)

**Kris Varga**

*Communications Contractor*

Communications submissions can be emailed to

[announcements@gracealex.org](mailto:announcements@gracealex.org)

**25-26 Seminarians (*Virginia Theological Seminary*)**

Seth Wise Buck

The Rev. Gabriel (Gabe) Oakes

Miranda Peters

### IN NEED OF PASTORAL CARE?

Clergy and staff are available for pastoral care. Please call the church office at (703) 549-1980 if you're ill or need pastoral care. For emergencies after hours, please call the **After-hours Emergency Number: (703) 261-9079**, and the priest on call will assist you.

### HOME COMMUNION

Home Communion is available upon request for parishioners who desire this service by Eucharistic Visitors every Sunday. Home Communion will be in one form, Bread only. To request Home Communion, parishioners are asked to contact the Parish Office by telephone at 703-549-1980 no later than 12 pm on the Wednesday prior to the Sunday on which they would like to receive Home Communion.

FIRST SUNDAY OF LENT  
CHORAL EUCHARIST, RITE I

Children 3 months until 3 years are welcome in the nursery. Please ask an usher to direct you.

Great Litany

The Great Litany dates back to the 5th century, and it was the first English language rite prepared by Thomas Cranmer, in 1544. The Great Litany is traditionally used on the first Sunday of Lent, because of its penitential tone, but it can be read on the First Sunday of Advent (the first Sunday of the church year), at Rogation Days (prior to the feast of the Ascension in May), or at any other time during the church year. The Litany encompasses the harm from which we seek protection, as well as the power of Christ to deliver us.

PRELUDE

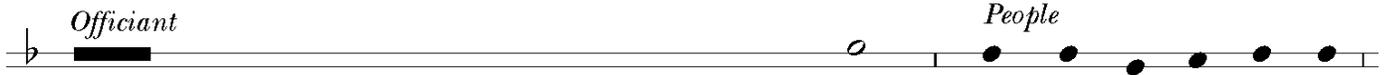
Processional

Margaret Tucker

The people stand at the tolling of the bell.

THE GREAT LITANY

For the full text of the litany, see page 148 of the Book of Common Prayer

*Officiant*  *People*

O God the Father, Creator of heaven and earth, Have mer - cy up - on us.

*Officiant*  *People*

O God the Son, Redeemer of the world, Have mer - cy up - on us.

*Officiant*  *People*

O God the Holy Ghost, Sanctifier of the faith - ful, Have mer - cy up - on us.

*Officiant*  *People*

O holy, blessed, and glorious Trinity, one God, Have mer - cy up - on us.

*Officiant* 

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy

*People* 

preserve us for ev - er. Spare us, good Lord.

*Officiant* 

From all evil and wickedness; from sin; from the crafts and assaults of the



devil; and from everlast - ing dam - na - tion,

*People* 

Good Lord, de - liv - er us.

(This same response is sung after the petitions that follow)

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

*People*



We beseech thee to hear us, good Lord.

*(This same response is sung after the petitions that follow)*



*Officiant* Son of God, we beseech thee to hear us.

*People* Son of God, we beseech thee to hear us.

*Officiant*

*People*



O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.

O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.

*Officiant*

*People*



O Lamb of God, that takest away the sins of the world, Grant us thy peace.

*Officiant*

*People*



O Christ, hear us. O Christ, hear us.



*Officiant* Lord, have mer - cy up - on us.

*People* Christ, have mer - cy up - on us.

*Officiant* Lord, have mer - cy up - on us.

#### THE COLLECT OF THE DAY

*Celebrant* The Lord be with you.

*People* **And with thy spirit**

*Celebrant* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

*The people are seated.*

*Children ages 3 years – 3rd grade follow the Crucifer to Children's Chapel.*

## THE LITURGY OF THE WORD

THE FIRST LESSON

Genesis 2:15-17; 3:1-7

*Lector* A reading from the Book of Genesis.

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

*Lector* The Word of the Lord.

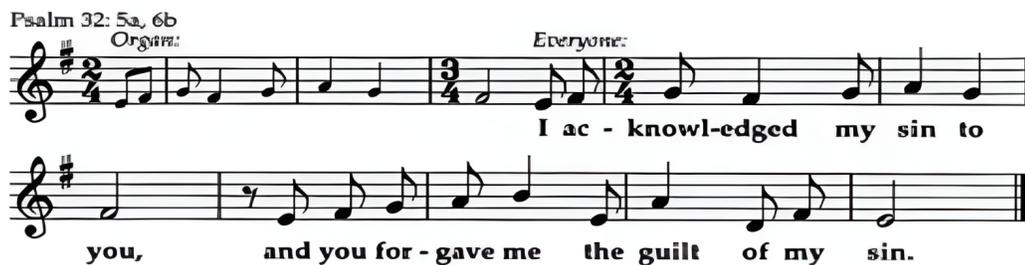
*People* Thanks be to God.

RESPONSORIAL PSALM 32

*The choir sings the antiphon first. Please sing it the second time and where indicated.*

### ANTIPHON

Psalm 32: 5a, 6b



*Organs:* *Everyone:*

I ac - knowl-edged my sin to  
you, and you for - gave me the guilt of my sin.

*Choir:* Happy are they whose transgressions are forgiven, and whose sin is put away! Happy are they to whom the LORD imputes no guilt, and in whose spirit there is no guile!

### ALL REPEAT THE ANTIPHON

*Choir:* While I held my tongue, my bones withered away, because of my groaning all day long. For your hand was heavy upon me day and night; my moisture was dried up as in the heat of summer.

### ALL REPEAT THE ANTIPHON

*Choir:* Then I acknowledged my sin to you, and did not conceal my guilt. I said, "I will confess my transgressions to the LORD." Then you forgave me the guilt of my sin.

### ALL REPEAT THE ANTIPHON

*Choir:* Therefore all the faithful will make their prayers to you in time of trouble; when the great waters overflow, they shall not reach them. You are my hiding place; you preserve me from trouble; you surround me with shouts of deliverance.

### ALL REPEAT THE ANTIPHON

*Lector* A reading from the letter of Saint Paul to the Romans.

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

*Lector* The Word of the Lord.

*People* **Thanks be to God.**

*The people stand for the Gospel Procession and sing the hymn.*

Hymn 141

Wilt thou forgive that sin, where I begun

*So giebst du nun*

THE HOLY GOSPEL

Matthew 4:1-11

*Priest* The Holy Gospel of Our Lord Jesus Christ according to Luke.

*People* **Glory be to thee, O Lord.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'"

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'"

Then the devil left him, and suddenly angels came and waited on him.

*Priest* The Gospel of the Lord.

*People* **Praise be to thee, O Christ.**

*The people are seated.*

SERMON

Miranda Peters, Seminarian

*Silence is kept.*

THE NICENE CREED

BCP, p. 358

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

THE PEACE

*Celebrant* The peace of the Lord be always with you.  
*People* And with thy spirit.

BCP, p. 332

ANNOUNCEMENTS

## THE HOLY COMMUNION

THE OFFERTORY

*We invite you to give to the work of the church  
electronically via [Tithe.ly](https://Tithe.ly) by scanning this QR code.*



OFFERTORY ANTHEM

Bell Chime

*Margaret Tucket*

*The people stand and sing the hymn.*

HYMN 150

Forty days and forty nights

*Aus der Tiefe rufe ich*



The image shows a musical score for a hymn. It consists of two staves: a treble clef staff on top and a bass clef staff on the bottom. The key signature is three flats (B-flat, E-flat, A-flat), and the time signature is 4/4. The melody is written in the treble clef, and the bass line is in the bass clef. The lyrics are: "Lord. Ho - san - na in the high - est." The music features a mix of quarter, eighth, and sixteenth notes, with some rests and ties. The piece concludes with a double bar line.

Music: James McGregor (b. 1930), after *Verbum caro factum est*, Hans Leo Hassler (1564-1612). Copyright © 1976 James McGregor.

*The people stand or kneel. Then the Celebrant continues.*

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord; By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say:

THE LORD'S PRAYER

BCP, p. 336

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done on earth as it is in heaven.  
Give us this day our daily bread.**

**And forgive us our trespasses, as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

THE FRACTION ANTHEM

Hymnal S-169

The musical score for the Fraction Anthem is written on four staves. The first staff is labeled "Cantor or Choir" and contains the lyrics: "My flesh is food in - deed, and my blood is drink in -". The second staff is labeled "1 All" and contains the lyrics: "deed, says the Lord. My Lord. Those who eat my". The third staff is labeled "2 Cantor or Choir" and contains the lyrics: "flesh and drink my blood dwell in me and I in them. My". The fourth staff is labeled "All" and contains the lyrics: "flesh is food in - deed, and my blood is drink in - deed, says the Lord." The music is in a simple, hymn-like style with a treble clef and a key signature of one flat.

Music: Ray W. Urwin (b. 1950). Copyright © 1984 by Ray W. Urwin. Used by permission.

THE PRAYER OF HUMBLE ACCESS

BCP, p. 337

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

THE INVITATION TO COMMUNION

BCP, p. 338

*Celebrant* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*All baptized Christians are welcome to receive the eucharist.*

*Please come forward to the altar rail at the direction of the ushers.*

*A full communion is made with the bread alone, but if you choose to receive the wine, you may either drink from the cup, or you may offer your wafer to the person holding the chalice, who will dip the bread in the wine for you.*

*If you prefer a blessing, please cross your arms over your chest. Gluten free wafers are available; simply ask the priest.*

*If you do not wish to receive communion at the altar, please let an usher know, and communion can be brought to you in your pew.*

COMMUNION ANTHEM

What Wondrous Love is This

Lloyd Larson

THE SENDING FORTH OF LAY EUCHARISTIC MINISTERS

*Celebrant* In the name of this congregation, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood.

*People* **We who are many are one body, because we share in one bread, one cup.**

*The people stand or kneel.*

THE POSTCOMMUNION PRAYER

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

SOLEMN PRAYER OVER THE PEOPLE

*Celebrant* Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of thy loving providence; through Christ our Lord.

*People* **Amen.**

*All stand and sing the hymn.*

CLOSING HYMN 142

Lord, who throughout these forty days

*St. Flavian*  
BCP, p. 339

THE DISMISSAL

*Priest* Let us go forth in the name of Christ.

*People* **Thanks be to God.**

VOLUNTARY

*At the end of liturgy today, one of the priests will be available at the Lady Altar for prayers for healing.  
Please allow quiet and privacy for those seeking prayer.*

**SERVING @ GRACE TODAY**

<i>Celebrant</i>	The Rev. Dr. Anne Turner
<i>Preacher</i>	Miranda Peters
<i>Assisting</i>	The Rev. Gabe Oakes
<i>Lay Eucharistic Ministers</i>	Seth Wise Buck, Kemp Williams, Miranda Peters
<i>Lector</i>	Mary Hix
<i>Music Director</i>	Dr. Alain Truche
<i>Ushers</i>	Mary Hix, Mike Crane, Colleen McArdelle
<i>Live Stream Crew</i>	Jay Legere, Sarah Schultz
<i>Altar Guild Crew Leaders</i>	John Barker, Beth Yancey

## ANNOUNCEMENTS AS OF FEBRUARY 22, 2026

The weekly announcement deadline is Monday at 12 pm.

Announcements arriving after that time will be held for the following week. Please limit submissions to 75 words. Announcements will be edited for content/length. Email requests to [announcements@gracealex.org](mailto:announcements@gracealex.org).

Lent is a season of beautiful simplicity. For this reason, there are no Altar Flower Dedications during Lent. Stay tuned for an upcoming announcement about dedicating flowers for Easter.

\*\*\*\*\* Headings for New Announcements Added This Week are Shaded. \*\*\*\*\*

### 154 EPISCOPAL BISHOPS ISSUE MESSAGE CALLING FOR IMMIGRATION POLICIES

In response to Bishop Rowe's message to "commit ourselves to paying whatever price our witness requires of us," 154 Bishops have responded with a message of their own. Scan the QR code to read the article on the matter as well as the text of the letter.



### ADULT FORUM SCHEDULE

Adult forum is offered Sundays 9:40-10:15 in the St. Mark room (2nd floor) or virtually via Zoom link sent in the Sunday morning email. Tea and coffee are available just outside the St. Mark Room from 9:30. All are welcome at any forum; no commitment required.

**February 22:** Exploring Vocational Discernment, by Fr. Jon Scarffe, Diocesan Discernment Facilitator

**March 1:** Fighting Fear, by parishioners

**March 8:** TBD

**March 15:** How I Know God Loves Me, by parishioners

**March 22:** National Rebuilding Day, by Cindy MacIntyre and fellow team members

### EDUCATION SESSION ON TITLE IV

Ms. Cindy Barnes, a consultant to the Diocese of Virginia, will join us on Sunday, February 22, after the 10:30 service coffee hour (approximately 12:15). She will talk about Father Santiago's recent involvement with the Title IV disciplinary process, answer questions, and listen to concerns. All are welcome.

### CHURCH STAFF OFFSITE FEBRUARY 24 & 25

The church staff will be off site on Tuesday and Wednesday, February 24 & 25 of this coming week for planning. The church office will have minimal volunteer coverage on these days. It is recommended that you call the church office if you need to stop by on these days to ensure someone is in the office to assist you.

### FAITH IN ACTION: WITNESS FOR HAITI – FEBRUARY 28

On February 28, a prayer service for Haiti will be hosted at VTS at 11 am. Lunch will be provided at noon, followed by a forum from 1-3pm. All are welcome! If you wish to come, email [karenwires874@gmail.com](mailto:karenwires874@gmail.com) to ensure you get a lunch!

### PRAYERS FOR HOPE AND PEACE – CALL FOR PARTICIPANTS

We have all felt anxiety, particularly after reading the news or in the middle of the night, and felt the need of God's help. Many of us have developed go-to prayers that soothe our souls and give us hope – and sometimes even a good night's rest! Come to adult forum on March 1 and share your favorite go-to prayer for emergencies. Prayers can be original or written by someone else, informal or formal – whatever works for you. If you would like your contribution included in a handout sheet, please send it in advance to Anne Clift Boris ([anne.boris@gracealex.org](mailto:anne.boris@gracealex.org)), but last-minute contributors are also welcome.

## ANNOUNCEMENTS @ GRACE THIS WEEK

### FIGHTING FEAR – CALL FOR PARTICIPANTS

We have all felt anxiety, particularly in the middle of the night, and felt the need of God's help. Many of us have developed go-to prayers that soothe our souls and give us hope – and sometimes even a good night's rest! Come to adult forum on March 1 and share your favorite go-to prayer for emergencies. Prayers can be original or written by someone else, informal or formal – whatever works for you. If you would like your contribution included in a handout sheet, please send it in advance to Anne Clift Boris ([anne.boris@gracealex.org](mailto:anne.boris@gracealex.org)), but last-minute contributors are also welcome.

### MAUNDY THURSDAY VIGIL

On Maundy Thursday, April 2, we keep a prayerful watch at the altar of repose from the end of the liturgy until midnight. We need to have at least two people present during this time. Please commit to a time slot by scanning the QR code to help us make sure we have enough people attending. You are, of course, welcome to come without signing up, and we hope you will pray as long as the spirit moves you.



## BIRTHDAYS @ GRACE THIS WEEK

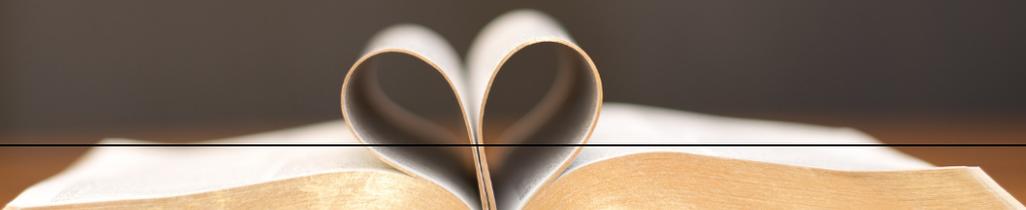
Sunday, Feb. 22	Andrew Lorentz
Monday, Feb. 23	Claudine Donovan, Lauren Gustafson, Evan Robinson, Nancy Robinson, Raphael Sanchez
Tuesday, Feb. 24	Zoe Harigan, Renee Rutkowski, Emily Thompson
Thursday, Feb. 26	Jay Burgess, Joe Washington
Friday, Feb. 27	Ryan Border
Saturday, Feb. 28	William Egaas



*Parishioner birthdays are listed weekly based on records from Breeze, our church database. For birthdays missing or listed on an incorrect date, please contact the church office to update your record. **Thank you!***

## EVENTS @ GRACE THIS WEEK

DATE	EVENT	LOCATION	CONTACT / INFO*
Sunday 2/22	7:45 am Holy Eucharist, Rite I	Nave	
	8:45 am La Gracia Santa Eucarist	Nave	
	9:00 am Little Church, Rite II	Auditorium	
	Formation for all ages - 9:40 am	Various rooms	
	Adult Forum - 9:40 am	St. Mark Room	
	10:30 am Choral Eucharist, Rite I	Nave	
	5:00 pm Contemplative Eucharist, Rite II	Nave	
Monday, 2/23	Food Pantry Bagging - 3:30 - 5:30 pm	1 <sup>st</sup> floor Lobby	<a href="mailto:Jennifer.Pease@gracealex.org">Jennifer.Pease@gracealex.org</a>
Tuesday, 2/24	Lenten Series - 5:45 pm	Auditorium	
	Food Pantry Distribution - 6 pm	1 <sup>st</sup> floor Lobby	<a href="mailto:Jennifer.Pease@gracealex.org">Jennifer.Pease@gracealex.org</a>
Wednesday, 2/25	Evening Prayer - 5:30 pm	Zoom	Lucy-Lee Reed- 703.842.3121
	Community of Hope - 7:00 pm	St. Mark Room	
	Bible Study - 7:30 pm	Zoom	
	Alcoholics Anonymous - 8 pm	MH Auditorium	
	Alanon - 8 pm	St. Luke Room	
Thursday, 2/26	Confession - 11:30 am	Nave	
	12:00 pm Midweek Eucharist	Lady Altar	
	Food Pantry Bagging - 3:30 - 5:30 pm	1 <sup>st</sup> floor Lobby	<a href="mailto:Jennifer.Pease@gracealex.org">Jennifer.Pease@gracealex.org</a>
	Handbell Choir Rehearsal - 6:00 pm	Malm Narthex	
	Adult Choir Rehearsal - 7:00 pm	St. Cecilia/Nave	
Friday, 2/27	12:00 pm Stations of the Cross w/ Eucharist	Nave	
	Food Pantry Bagging - 3 - 5 pm	1 <sup>st</sup> floor Lobby	<a href="mailto:Jennifer.Pease@gracealex.org">Jennifer.Pease@gracealex.org</a>
	Food Pantry Distribution - 6 pm		<a href="mailto:Jennifer.Pease@gracealex.org">Jennifer.Pease@gracealex.org</a>
	Via Crucis y Cenita - 7pm	Nave	
Saturday, 2/28	Altar Guild Set Up - 9 am	Narthex, Sacristy	



PRAYER @ GRACE THIS WEEK

*We continue praying for all those in need of healing of mind, body, or spirit. We also pray for wisdom and strength for our communities, our elected officials, and our leaders as they make difficult and important decisions. As we join in common prayer this weekend, let us remember those who are in any need or trouble.*

- **Parishioners:** Hector, Debbie, Ed, Colin, Jennifer, Joanie, Jean, Linda, John & Anne, Ismael, Wendy, Lisa, Liz, Anne, Claire, Doug, Lesley & Kelly, June, Alex, Cristina.
- **Parishioners and others in assisted living:** Margaret, Nancy, Sally, Clare, Marilyn, Don, Susan, James, Peck, Vylma, Bette, Cynthia, Elly, Valerie; José, Madison, Henry, Gustavo, Félix.
- **Family & friends:** Klaus, Michael, Sharon, Troy, Cathie, Cameron, Amy, Bill, Theresa, Rob & Sherry, Jack, Eileen, Deanna, Leslie, Sam, Lisa, Margianne, Courtney, Gina, Joanne, Jim, Theresa, Ron, Charlotte.
- **Members of our staff:** Amorita, Mother Anne, Betsy, Mother Emma, Gabriel, Ginny, Jane, Father Jon, Josh, Kevin, Kris, Mary, Miranda, Pedro, Seth.
- **Grace School:** Students & their families; for the staff, especially Amanda, head of school.
- **Outreach & Justice Partners:** ALIVE, Casa Chirilagua, Christ Church Refugee and Lazarus Ministries, Community Lodgings, Haiti Micah Project, Health Tanzania, Meade Memorial Lunch Program, Tenants and Workers, V.O.I.C.E., Kathleen and Eddie Arthur Hearts of Love Fund.
- **Those who have died:** Those who have died from illnesses and natural disasters; all those killed in acts of terror, violence, and war around the world.
- **Those serving our country in the Armed Forces and State Department overseas:** Karen & Eric Coulson, Erika Olander; for healing for US troops wounded as casualties of war, and for physical and mental well-being of all veterans.
- **Others who are overseas serving the Church or our nation or teaching or studying abroad:** Chris & Melissa Reed, Virginia Robinson, Julie Mills Cizek & Theo Halliwell; the Epifanovskiye family.
- **Travel:** Evan and Nancy Robinson.
- **Diocese of Virginia Prayer Cycle:** Christ Church, Saluda; Emmanuel, Delaplane.
- **Anglican Prayer Cycle:** Church of Ireland; Diocese of Texas, Episcopal Church; Diocese of Northwest Texas, Episcopal Church; Diocese of West Texas, Episcopal Church; Diocese of Thika, Anglican Church of Kenya; Diocese of Thoothukudi – Nazareth, Church of South India (United); Diocese of Tirunelveli, Church of South India (United).

You can fill out a [Prayer Request Form](#) on our Website or email your request to [prayers@gracealex.org](mailto:prayers@gracealex.org)