

# Welcome to Grace Episcopal Church

Eleventh Sunday after Pentecost August 4, 2024 – 10:30 am Choral Eucharist, Rite II



Connecting @ Grace

Address: 3601 Russell Rd., Alexandria, VA 22305 • Phone: 703.549.1980 • Website: <a href="www.gracealex.org">www.gracealex.org</a>
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## WELCOME TO GRACE EPISCOPAL CHURCH

We are pleased to welcome you to Grace Church. If you are joining us for the first time, please send us a message at <a href="welcome@gracealex.org">welcome@gracealex.org</a>, so we can get to know you. We can also add you to our mailing list by request. We're glad to have you join with us in worshipping God in the beauty of holiness, something which is central to our identity at Grace. We hope you will join with us in sharing the love of God with this world that needs healing. Assisted listening devices are available for use during worship. Please see an usher if you'd like to use one.

Please silence your cell phones during worship.

#### **Our Mission Statement**

To Love, Proclaim, and Serve God

Through + life-giving liturgical worship + joyful community + empowering others

## **Contacting Grace**

Please feel free to contact our staff.

Office hours during the summer (*June 17th – August 30<sup>th</sup>*): Monday – Thursday 9 am – 2 pm, Closed on Fridays. Clergy are not in on Fridays during the summer.

(Mother Jenny holds office hours on Mondays, Tuesdays, and half-day on Wednesdays.)

Staff				
Betsy Bamford	The Rev. Emma Brice			
Jane Avery	Assistant Rector & School Chaplain			
Nursery Worker (part-time)	emma.brice@gracealex.org			
Patti Culbreth	Mary Cyrus			
Head of Grace Episcopal School	Financial Administrator (part-time)			
pculbreth@graceschoolalex.org	financial.admin@gracealex.org			
Kevin Hamilton	Pedro Hernández			
Director of Operations and Communication	Sexton			
director.of.operations@gracealex.org				
Amorita Quintanilla	Madeline Manaker			
Sexton	Finance Assistant (part-time)			
	madeline.manaker@gracealex.org			
The Rev. Dr. Jenny Montgomery	The Rev. Santiago Rodriguez			
Priest Locum Tenens	Associate Rector			
jenny.montgomery@gracealex.org	santiago.rodriguez@gracealex.org			
Addie Budnick	Dr. Alain Truche			
Communications Support	Director of Music			
Announcement requests - announcements@gracealex.org	alain.truche@gracealex.org			

#### IN NEED OF PASTORAL CARE?

Clergy and staff are available for pastoral care. Please call the church office at (703) 549-1980 if you're ill or need pastoral care. For emergencies after hours, please call the <u>After-hours Emergency Number: (703) 261-9079</u>, and the priest on call will assist you.

#### HOME COMMUNION

Home Communion is available upon request for parishioners who desire this service by Eucharistic Visitors every Sunday. Home Communion will be in one form, Bread only. To request Home Communion, parishioners are asked to contact the Parish Office by telephone at 703-549-1980 no later than 12 pm on the Wednesday prior to the Sunday on which they would like to receive Home Communion.

## ELEVENTH SUNDAY AFTER PENTECOST CHORAL EUCHARIST, RITE II

Children 3 months until 3 years are welcome in the nursery. Please ask an usher to direct you.

Prelude

Suite in the First Mode

Lambert Chaumont (d. 1712)

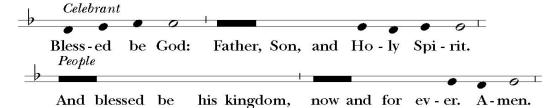
The people stand.

**Hymn** 709

O God of Bethel, by whose hand

Dundee

THE OPENING ACCLAMATION



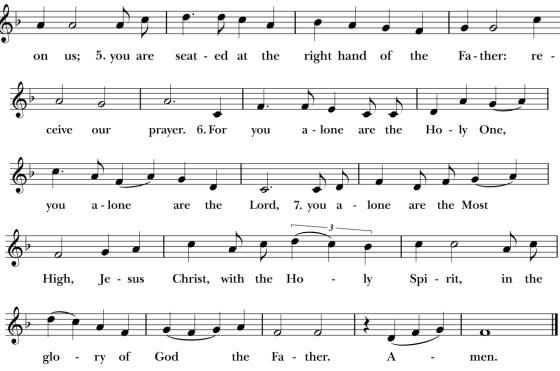
THE COLLECT FOR PURITY

BCP, P. 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.** 

Children ages 3 years – 3<sup>rd</sup> grade follow the Crucifer to Children's Chapel.





Music: Robert Powell (b. 1932), rev. Setting: Copyright © Church Publishing Inc.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.** 

The people are seated.

#### THE LITURGY OF THE WORD

THE FIRST LESSON Exodus 16:2-4, 9-15

Lector A reading from the Book of Exodus.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not." Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God." In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another,

"What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

Lector The Word of the Lord.

People Thanks be to God.

Psalm 78:23-29

Simplified Anglican Chant, S-409



So he commanded the clouds a | bove \* and opened the doors of | heaven.

He rained down manna upon them to | eat \* and gave them grain from | heaven.

So mortals ate the bread of | angels; \* he provided for them | food enough.

He caused the east wind to blow in the | heavens \* and led out the south wind by his | might.

He rained down flesh upon them like | dust \* and winged birds like the sand of the | sea.

He let it fall in the midst of their | camp \* and round about their | dwellings.

(2<sup>nd</sup> half) So they ate and were | well filled, \* for he gave them what they | craved.

THE SECOND LESSON Ephesians 4:1-16

Lector A reading from the Letter of Paul to the Ephesians.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.

We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Lector The Word of the Lord. People Thanks be to God.

The people stand for the Gospel Procession and sing the hymn.

HYMN 617 Eternal Ruler of the ceaseless round Song 1

THE HOLY GOSPEL John 6:24-35

Celebrant The Holy Gospel of Our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat." Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Celebrant The Gospel of the Lord.

People Praise to you, Lord Christ.

The people are seated.

SERMON Mother Jenny Montgomery

Silence is kept.

NICENE CREED BCP, p. 326

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

#### THE PRAYERS OF THE PEOPLE

Form II; BCP, p. 385

In the course of silence after each bidding, the People offer their own prayers, either silently or aloud.

I ask your prayers for God's people throughout the world; for our Presiding Bishop, Michael, our Presiding Bishop-Elect, Sean, our Bishops, Mark and Gayle; for this gathering; and for all ministers and people. Pray for the Church.

Silence

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

Silence

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble.

Silence

I ask your prayers for all who seek God, or a deeper knowledge of him. Pray that they may find and be found by him.

Silence

I ask your prayers for the departed. Pray for those who have died.

Silence

Praise God for those in every generation in whom Christ has been honored. Pray that we may have grace to glorify Christ in our own day.

Silence

#### Celebrant

Almighty God, look graciously upon the people of Grace Church and mercifully accept the prayers we offer before you. Give us discernment, wisdom, and confidence in your timing. Guide the members of our Vestry, as they labor to be faithful in seeking your will. We pray for the life of our parish, that we may continue to be strengthened in our mission to *Love*, *Proclaim*, *and Serve God*. Bless us with mutual trust and respect, courage and foresight as you shepherd us in this journey. Grace us with continuous direction and inspire us toward genuine self-reflection. All this we ask as we walk in your ways to the glory of your name. **Amen.** 

All

Grant, O God, that your holy and life-giving Spirit may so move every human heart and especially the hearts of the people of this land, that barriers which divide us may crumble, suspicions disappear, and hatreds cease; that our divisions being healed, we may live in justice and peace; through Jesus Christ our Lord. Amen.

THE CONFESSION AND ABSOLUTION

BCP, p. 360

The people kneel. Silence may be kept.

Celebrant Let us confess our sins against God and our neighbor.

All Most merciful God, we confess that we have sinned against you in thought, word, and

deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

THE PEACE BCP, p. 332

Celebrant The peace of the Lord be always with you.

People And also with you.

The people are seated.

**ANNOUNCEMENTS** 

## THE HOLY COMMUNION

THE OFFERTORY We invite you to give to the work of the church electronically via Tithe.ly by scanning this QR code.

OFFERTORY ANTHEM

Amazing Grace

Arlen Clarke (b. 1954) He will my shield and portion be,

That saved a wretch like me! I once was lost, but now am found;

Amazing grace! How sweet the sound

Was blind but now I ass

Was blind, but now I see.

'Twas grace that taught my heart to fear, And grace my fears relieved;

How precious did that grace appear The hour I first believed!

The Lord has promised good to me, His Word my hope secures; As long as life endures.

Through many dangers, toils and snares,

I have already come;

'Tis grace that brought me safe thus far,

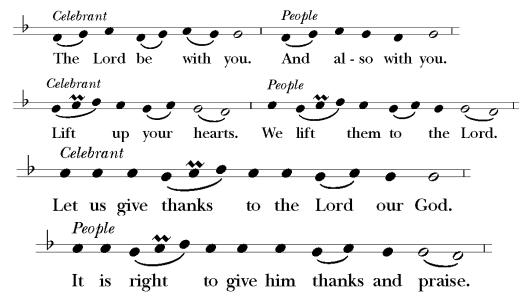
And grace will lead me home.

When we've been there ten thousand years,
Bright shining as the sun,
We've no less days to sing God's praise
Than when we first begun.

The people stand and sing the hymn

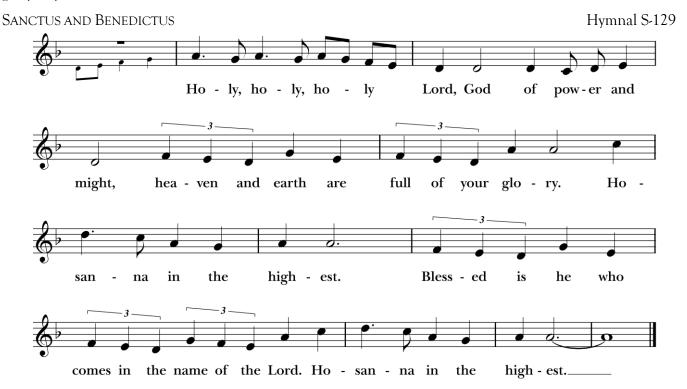
HYMN 522 Glorious things of thee are spoken

Austria



The Celebrant continues.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth; For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Music: Robert Powell (b. 1932). Setting: Copyright © Church Publishing Inc.

The people stand or kneel. Then the Celebrant continues.

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

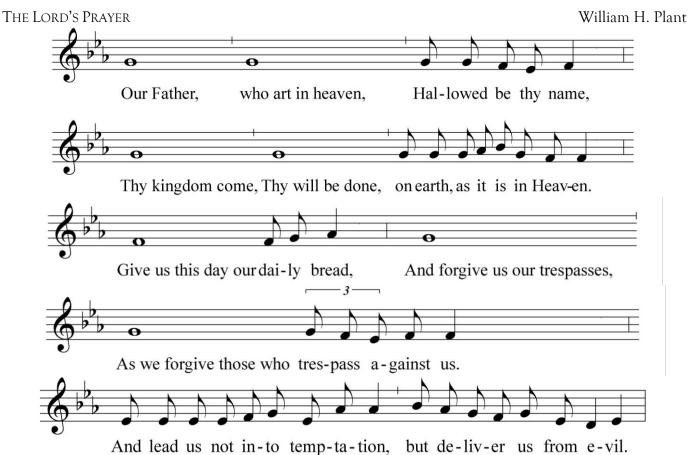
We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

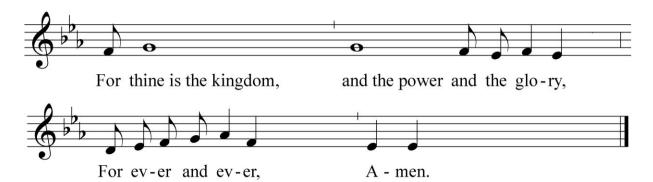
Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him.

Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

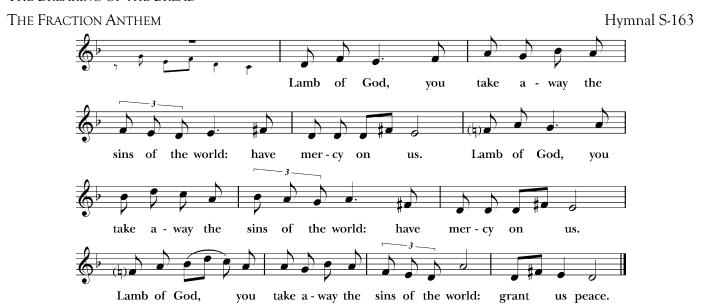
All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN*.

And now, as our Savior Christ has taught us, we are bold to sing,





THE BREAKING OF THE BREAD



Music: Robert Powell (b. 1932). Setting: Copyright © Church Publishing Inc.

THE INVITATION TO COMMUNION

BCP, p. 364

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized Christians are welcome to receive the eucharist. Please come forward to the altar rail at the direction of the ushers.

A full communion is made with the bread alone, but if you choose to receive the wine, you may either drink from the cup, or you may offer your wafer to the person holding the chalice, who will dip the bread in the wine for you.

If you prefer a blessing, please cross your arms over your chest. Gluten free wafers are available; simply ask the priest. If you do not wish to receive communion at the altar, please let an usher know, and communion can be brought to you in your pew.

**HYMN 339** 

Deck thyself, my soul with gladness

Schmücke dich

THE SENDING FORTH OF LAY EUCHARISTIC MINISTERS

Celebrant In the name of this congregation, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood.

People We who are many are one body, because we share in one bread, one cup.

The people stand or kneel.

#### THE POSTCOMMUNION PRAYER

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

THE DISMISSAL

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen**.

All stand and sing the hymn.

CLOSING HYMN WLP 778

We all are one in mission

Nyland

BCP, p. 366

Celebrant Let us go forth in the name of Christ.

People Thanks be to God.

VOLUNTARY Miles Lane

Healey Willan (1880-1968)

At the end of liturgy today, one of the priests will be available at the Lady Altar for prayers for healing.

Please allow quiet and privacy for those seeking prayer.

### **Music Notes**

**Lambert Chaumont** (c. 1630 – 1712) was a Flemish Baroque composer and organist. Although he evidently spent most of his life in Liège and Huy (present day Belgium), Chaumont's style in his organ pieces is entirely French. His collection is usually regarded as one of the best of the French organ school of the 17th century, particularly for its fine fugues, trios, and other contrapuntal genres. Today's *Suite in the First Mode* is found in the collection *Pièces d'orgue* (1695) and comprises 111 pieces arranged in eight suites of 12 to 15 pieces each. The suites are united by mode and follow the eight church tones. Somewhat unusually, each end with one or two dances.

Conductor, composer, and singer Arlen Clarke (b. 1954) was born in upstate New York. He currently lives in Greenville, SC and is the Director of Music at St. Mary's Catholic Church. In addition to composing, he maintains an active schedule as a conductor, singer and vocal coach, choral clinician, and adjudicator. His setting of the classic text "Amazing Grace" by English cleric John Newton is lyrical and tender. It provides a new tune and a fresh look at this timeless text.

Healey Willan (1880-1968) was a remarkable composer and organist whose legacy continues to resonate in the world of music. Born in London, England, he later emigrated to Canada, where he made significant contributions to the country's musical landscape. Willan's compositions spanned a wide range, from operas and symphonies to chamber music and concertos. However, he is perhaps best known for his exquisite church music. His adaptations of Gregorian chant into English remain influential, bridging ancient traditions with contemporary worship.

Miles Lane is a hymn tune originally composed by William Shrubsole in 1779. Willan included Miles Lane in his collection of 36 Short Preludes and Postludes on Well-Known Hymn Tunes written in 1960. These delightful pieces for organ showcase his skillful craftsmanship and ability to infuse traditional hymn tunes with fresh musical ideas. Each prelude and postlude are a miniature gem, providing both contemplative moments and joyful expressions.

# SERVING @ GRACE TODAY

Celebrant
Preacher
Assisting
Lector
Intercessor
Less Fush existic Minister

Lay Eucharistic Minister Music Director

Ushers

Live Stream Crew

Altar Guild Crew Leaders

Father Ross Kane Mother Jenny Montgomery Father Santiago Rodriguez Haywood Torrence Khacki Berry John Thompson Dr. Alain Truche

Bill Eckel, Scott Knudsen, Cindy MacIntyre Geoffrey Whitlock, Vance Allen

Sherryl Dodd, Lucy-Lee Reed

# ANNOUNCEMENTS AS OF AUGUST 4, 2024

Announcement deadline is Monday at 12 pm. Announcements arriving after that time will be held for the following week. Please limit announcements to 75 words. Email requests to <a href="mailto:announcements@gracealex.org">announcements@gracealex.org</a>.

## The Altar Flowers for today are given to the glory of God.

Interested in dedicating Altar Flowers for a particular Sunday in loving memory of someone or in thanksgiving? Scan the QR Code on the right with your smart phone to access the form.



## NEW ANNOUNCEMENTS @ GRACE THIS WEEK

## SAVE THE DATE: PARISH CLEAN-UP DAY SATURDAY, AUGUST 17TH, 9:00 AM - NOON

Please join us for a Parish Clean-Up Day on Saturday, August 17th, from 9:00 am to noon. Parish crews will be giving Grace's grounds a thorough cleaning - both indoors and outdoors. There's a task perfect for everyone! Help us make our facility shine for all to enjoy. Plenty of coffee and snacks will be provided. To sign up to help, please contact Father Santiago or Junior Warden Eric Waskowicz at ericwaskowicz@gmail.com.

## DIRECTOR OF OPERATIONS OUT OF THE OFFICE AUGUST 12<sup>TH</sup> - 25<sup>TH</sup>.

Our Director of Operations, Kevin Hamilton, will be out of the office beginning Monday, August 12<sup>th</sup> and will return Monday, August 26<sup>th</sup>. During this time, Kevin will not be checking voicemail or email as to provide him the time and space for rest and relaxation. All building related issues should be relayed to our Junior Warden, Eric Waskowicz, (ericwaskowicz@gmail.com). Please contact Mother Jenny or other clergy if you have emergency needs. The after-hours emergency number, monitored by the clergy person on call, is (703) 261-9079. The office will have minimal volunteer coverage during this time, usually 10 - 1. Parishioners are encouraged to call ahead before stopping by to ensure the office will be open.

## ANNOUNCEMENTS @ GRACE THIS WEEK

#### GRACE VESTRY UPDATE

The discernment process on Grace Church's next rector—as recommended by Bishop Stevenson—continues. In follow-up to the two conversations that took place between The Rev. Shirley Smith Graham, Mother Anne Turner and Mary Hix, the Vestry will now meet with Mother Anne in mid-August. The objective of this is to understand God's active presence over the past year through conversations on renewed relationships, trust and reconciliation, and addressing leadership needs. We ask for the prayers of the parish for discernment.

### WELCOME NEW GRACE NOTES TEAM MEMBERS

As mentioned in the July/August Grace Notes issue, Diana Jarrett and Joyce Ames stepped down after fulfilling their two-year commitment to the magazine. We are excited to announce that we have three new team members joining the Grace Notes team to keep the excellent work that Diana and Joyce have done going into the future. Chrissie Crosby and Kemp Williams are the new co-editors and Teresa Preston joins as proofreader. Welcome to the new team!

## INTERMENT SERVICE FOR CARL FISHER - SEPTEMBER 21<sup>ST</sup>

As previously announced, Carl D. Fisher, former Grace Church parishioner, died on March 3rd, 2024. A celebration of life was held in Gardiner, Maine in May and a service followed by interment in our Grace Columbarium will be held here at Grace in the nave on September 21<sup>st</sup> at 1 p.m. All are welcome to attend.

#### HEALING EUCHARIST - AUGUST 12TH

A Public Service of Healing will be offered on Monday, August 12 at 7:00 pm in the Nave. All are invited to attend this special service of healing and breaking bread together as we celebrate the Holy Eucharist.

## ANNOUNCEMENTS @ GRACE THIS WEEK (CONTINUED)

## **SUMMER OF STORIES CONTINUES**

The Summer of Stories with Father Santiago continues in August with the critically acclaimed film "CODA" (2021). Join us on Monday, August 26th, at 7:00 PM in the St. Mark's Room for a discussion on this heartfelt and humorous exploration of cultural identity, family bonds, and the diverse ways we cope with loss. Bring your own dinner and enjoy complimentary drinks and dessert. Don't miss this opportunity to engage in a lively conversation and share insights with fellow movie enthusiasts. Looking ahead, the book we will discuss in September is "The Heaven & Earth Grocery Store" by James McBride, on Thursday, September 23rd. Friends and family are welcome to join. Invite a friend or family member. See you there!

#### **ELECTION SEASON DEVOTIONALS**

In this critical time for our nation, the intensity of the election cycle can take a toll on us all. To help you stay grounded, the clergy will be offering bi-monthly devotionals over the next three and a half months. These will provide moments of reflection and support, integrating faith and a commitment to justice. We hope these devotionals will encourage you on your journey. The first election devotional is now available on the Grace website, www.GraceAlex.org (click on the scrolling banner on the home page).

## STICKY NOTE WALL AT COFFEE HOUR

This summer, we are introducing a fun experiment during our coffee hour. In the auditorium, you'll find a sticky note wall where we invite you to share a word, phrase, image, or encounter from that morning's worship that you want to keep in mind for the week ahead. Each week, we'll also feature a new, engaging question for you to consider. This initiative is designed to foster moments of reflection and conversation during our coffee hour. For more information, contact Father Santiago Rodriguez or Mindy Van Wart.

## SUMMER VESPERS TO BLESS THE SPACE BETWEEN US

Our final Summer Vesper Service will be held Monday, August 5<sup>th</sup> from 7:00 pm - 8:00 pm in the Malm Narthex. In this quiet simple service, Mother Jenny will lead us in prayer, reflection, sharing and blessing. Please come, for to bless is to pray. And to pray is to invite God's presence to be among us, between us, and in us, as we move forward together as Grace Church.

## ARE YOU REGISTERED TO JOIN US FOR SHRINE MONT?

Shrine Mont 2024 is September 6th – 8th! <u>The deadline to register is August 18<sup>th</sup></u>. Our online registration form on Breeze can be completed regardless of payment type. Registration payment will be accepted online through Breeze and Tithely or by check. Rates for Shrine Mont reflect two nights and include food and lodging. The rates for 2024 are Rates: \$277 for an Adult Single, \$221 for an Adult Double, \$115 for children ages 8-13, and \$90 for children ages 4-7 (children under the age of 3 attend for free). For those that are coming on Thursday, the additional charge for Thursday Night is \$94.85 for a Single Room or \$122.55 for a Double Room. Scan the QR code to register! We hope to see everyone at Shrine Mont this year!

## HAITI MICAH PROJECT ANNUAL CAMPAIGN!

The Grace Church annual Haiti Micah Project Campaign kicked off in May in honor of Mother's Day (5/12) and will continue through Labor Day (9/12). This important mission provides feeding and education programs to children in Mirebalais. The need is significant due to the current unrest and resulting hardship. An annual sponsorship for one child is \$415 (\$35 per month). A donation of any amount will make a difference. To donate, please write a check to Grace Church referencing "Haiti Micah Project" in the memo line, or select "Haiti Micah Project" to designate your contribution in Tithely or Breeze. Contact Jen Pease at Jennifer.pease@gracealex.org for questions about giving through Grace and visit <a href="https://haiti-micah.org">https://haiti-micah.org</a> for more information on this important mission.

## BIRTHDAYS @ GRACE THIS WEEK

Thursday, August 8 John Barker, Diana Jarrett, Kimberly Reyes,

Olivia Woodiwiss

Friday, August 9 Erica McFarquhar



Parishioner birthdays are listed weekly based on records from Breeze, our church database. For birthdays missing or listed on an incorrect date, please contact the church office to update your record. **Thank you!** 

## PRAYER @ GRACE THIS WEEK

We continue praying for all those in need of healing of mind, body, or spirit. We also pray for wisdom and strength for our communities, our elected officials, and our leaders as they make difficult and important decisions. As we join in common prayer this weekend, let us remember those who are in any need or trouble.

- Parishioners: Virginia, Michael, Lisa, Lina, Mario, Tina, Hector, Wendy, Conway, Amorita, Caz & family, Debbie, Amber, Kelly, Elle, John, Carl, Jeannie, Sigrid, Ed, Larry, Susie, Otto, Susan, Charles, Cleveland, Colin, Jennifer, Barbara, Peck, Duke, Lisa, Vylma, Val & Claire, June, Bob.
- Parishioners and others in assisted living: Margaret, Nancy, Sally, Clare, Audrey, Elesa, Mary Ann, Marilyn, Cynthia, Reg, Don, James.
- Family & friends: Barbara, Becky, Maggie, Joel, Anthony, Mark, Klaus, Charles, Roger, Nancy, Madison, Jack, Michael, Dave & Mimi, Sharon, Peter, Cindy, Anne, Scott, Jean, Eileen & Dylan, Virginia, Christine, Lisa, Elena, Al, Connie, Don, Leslie, Elizabeth, Ada, Cooper, Marge, Elizabeth, Bert, Clare, Betsy, Chuck, Mike, Jim, Patrick, Ashby, Troy, Jean, Ada, Gen, Santos, Dick, Danny, Lew, Cathie.
- Members of our staff: Mother Jenny, Father Santiago, Mother Emma, Alain, Mary, Kevin, Madeline, Addie, Pedro, Amorita, Betsy, Jane.
- Grace School: Students & their families; for the staff, especially Patti, head of school.
- Outreach & Justice Partners: ALIVE; Carpenter's Shelter; Casa Chirilagua; Christ Church Refugee and Lazarus Ministries; Community Lodgings; Cristosal, El Salvador; Haiti Micah Project; Meade Memorial Lunch Program; Tanzania Mission; Tenants and Workers; V.O.I.C.E.; Kathleen and Eddie Arthur Hearts of Love Fund.
- Those who have died: those who have died from illnesses and natural disasters; and all those killed in acts of terror, violence, and war around the world.
- Those serving our country in the Armed Forces and State Department overseas: LCDR Claire S. Eudy, USN; SSgt Chip Fowler, USAF; Noah Woodiwiss; for healing for US troops wounded as casualties of war; and for physical and mental well-being of all veterans.
- Others who are overseas serving the Church or our nation or studying: Julie Mills Cizek; Chris & Melissa Reed.
- Diocese of Virginia Prayer Cycle: Bishop E. Mark Stevenson; Bishop Gayle E. Harris; Diocesan staff; Continuing Care Communities within the Diocese and their Residents and Staff.
- Anglican Prayer Cycle: The Anglican Church of Kenya; The Diocese of Huron The Anglican Church of Canada; The Diocese of Hyderabad The Church of Pakistan (United); The Dioceses of Ibadan, Ibadan North, and Ibadan South The Church of Nigeria (Anglican Communion); The Diocese of Ibba Province of the Episcopal Church of South Sudan.

You can fill out a Prayer Request Form on our Website or email your request to prayers@gracealex.org

EVENTS @ GRACE THIS WEEK				
DATE	EVENT	LOCATION	CONTACT / INFO*	
Sunday, 8/4	7:30 am Holy Eucharist in English, Rite I	Nave		
	8:45 am Santa Eucaristía en español	Nave		
	9:00 am Little Church, Rite II	Amphitheater		
	9:30 Summer Choir Rehearsal	St. Cecilia Room	Alain.Truche@gracealex.org	
	10:30 am Choral Eucharist, Rite II	Nave / Livestream		
	5:00 pm Holy Eucharist, Rite II	Nave		
Monday 8/5	Food Pantry Bagging – 3:30 – 5:30 pm	1st floor Lobby	Jennifer.Pease@gracealex.org	
	Summer Vespers - 7:00 – 8:00 pm	Malm Narthex		
Tuesday, 8/6	Food Pantry Distribution - 6:30 pm	1st floor Lobby	Jennifer.Pease@gracealex.org	
Wednesday,	Food Pantry (Unloading of Delivery) - 2 - 4 pm	1 <sup>st</sup> floor Lobby	Jennifer.Pease@gracealex.org	
8/7	Evening Prayer – 5:30 pm	Zoom	Lucy-Lee Reed - 703.842.3121	
	Bible Study - 7:30 pm	Zoom	Stephen.Lovell@gracealex.org	
	Alcoholics Anonymous – 8 pm	MH Auditorium		
	Alanon – 8 pm	St. Luke Room		
Thursday, 8/8	Food Pantry Bagging - 3:30 - 5:30 pm	1 <sup>st</sup> floor Lobby	Jennifer.Pease@gracealex.org	
Friday, 8/9	Food Pantry Bagging – 3 – 5 pm	1st floor Lobby	Jennifer.Pease@gracealex.org	
	Food Pantry Distribution - 6:30 pm			
Saturday, 8/10	Altar Guild Set Up - 9 am	Narthex, Sacristy		
	Bible Study - 10 am	Zoom	Chrissie.crosby@gracealex.org	
	Food Pantry Bagging – 1 – 3 pm	1 <sup>st</sup> floor Lobby	Jennifer.Pease@gracealex.org	