



# Grace Episcopal Church

3601 Russell Rd. Alexandria, Virginia 22305

[www.gracealex.org](http://www.gracealex.org) 703.549.1980

Third Sunday in Lent  
March 23, 2025 – 10:30 am  
Choral Eucharist, Rite I



Connecting @ Grace

Address: 3601 Russell Rd., Alexandria, VA 22305 ♦ Phone: 703.549.1980 ♦ Website: [www.gracealex.org](http://www.gracealex.org)

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## WELCOME TO GRACE EPISCOPAL CHURCH

We are pleased to welcome you to Grace Church. If you are joining us for the first time, please send us a message at [welcome@gracealex.org](mailto:welcome@gracealex.org), so we can get to know you. We can also add you to our mailing list by request. We're glad to have you join with us in worshipping God in the beauty of holiness, something which is central to our identity at Grace. We hope you will join with us in sharing the love of God with this world that needs healing. Assisted listening devices are available for use during worship. Please see an usher if you'd like to use one.



Please silence your cell phones during worship.

### Our Mission Statement

To Love, Proclaim, and Serve God

*Through + life-giving liturgical worship + joyful community + empowering others*

### Contacting Grace

Please feel free to contact our staff.

Our regular office hours are Monday to Thursday 9 am - 3 pm, and Fridays 9 am - 12 noon.  
(Mother Anne & Mother Emma are out of the office on Mondays and Father Santiago is out of the office on Fridays)

### Staff

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### IN NEED OF PASTORAL CARE?

Clergy and staff are available for pastoral care. Please call the church office at (703) 549-1980 if you're ill or need pastoral care. For emergencies after hours, please call the **After-hours Emergency Number: (703) 261-9079**, and the priest on call will assist you.

### HOME COMMUNION

Home Communion is available upon request for parishioners who desire this service by Eucharistic Visitors every Sunday. Home Communion will be in one form, Bread only. To request Home Communion, parishioners are asked to contact the Parish Office by telephone at 703-549-1980 no later than 12 pm on the Wednesday prior to the Sunday on which they would like to receive Home Communion.

THIRD SUNDAY IN LENT  
CHORAL EUCHARIST, RITE I

*Children 3 months until 3 years are welcome in the nursery. Please ask an usher to direct you.*

PRELUDE

Go Down, Moses

Fela Sewande (1905-1987)

*The people stand at the tolling of the bell.*

THE OPENING ACCLAMATION

*Celebrant*

Bless the Lord who forgiveth all our sins.

*People*

His mercy endureth for ever.

Music: Ambrosian chant; adapt. Mason Martens (1933-1991). Setting: Copyright © Church Publishing Inc.

*The people kneel.*

THE DECALOGUE

BCP, p.317

God spake these words, and said: I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

**Lord have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

**Lord have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not take the Name of the Lord thy God in vain.

**Lord have mercy upon us, and incline our hearts to keep this law.**

Remember that thou keep holy the Sabbath day.

**Lord have mercy upon us, and incline our hearts to keep this law.**

Honor thy father and thy mother.

**Lord have mercy upon us, and incline our hearts to keep this law.**

Thou shalt do no murder.

**Lord have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not commit adultery.

**Lord have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not steal.

**Lord have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not bear false witness against thy neighbor.

**Lord have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not covet.

**Lord have mercy upon us, and write all these thy laws in our hearts, we beseech thee.**

*Celebrant*

If we say that we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God is faithful and just to forgive our sins, and cleanse us from all unrighteousness.

*Celebrant* Let us humbly confess our sins unto Almighty God.

*Celebrant and People*

Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.

*Celebrant* The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. Amen.

*The people remain kneeling.*

*During the Kyrie, Children ages 3 years - 3rd grade follow the Crucifer to Children's Chapel.*

KYRIE

Hymnal S-89

*Unison or harmony*

Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

Ky - ri - e e - le - i - son. Chri - ste e - le - i - son.

Chri - ste e - le - i - son. Chri - ste e - le - i - son. Ky - ri - e e -

le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

Music: James McGregor (b. 1930), after *Verbum caro factum est*, Hans Leo Hassler (1564-1612). Copyright © 1976 James McGregor.

## THE COLLECT OF THE DAY

*Celebrant*      The Lord be with you.

*People*          **And with thy spirit**

*Celebrant*      Let us pray.

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

*The people are seated.*

## THE LITURGY OF THE WORD

### THE FIRST LESSON

Exodus 3:1-15

*Lector*          A reading from the Book of Exodus.

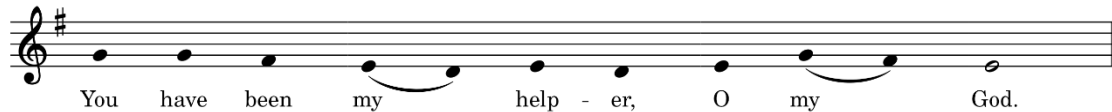
Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I am who I am." He said further, "Thus you shall say to the Israelites, 'I am has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations."

*Lector*          The Word of the Lord.

*People*          **Thanks be to God.**

RESPONSORIAL PSALM 63:1-8

*The choir sings the antiphon first. Please sing it the second time and where indicated.*



1 O God, you are my God; eagerly I seek you; \*  
my soul thirsts for you, my flesh faints for you,  
as in a barren and dry land where there is no water.

2 Therefore I have gazed upon you in your holy place, \*  
that I might behold your power and your glory.

3 For your loving-kindness is better than life itself; \*  
my lips shall give you praise.

4 So will I bless you as long as I live \*  
and lift up my hands in your Name. [Antiphon]

5 My soul is content, as with marrow and fatness, \*  
and my mouth praises you with joyful lips,

6 When I remember you upon my bed, \*  
and meditate on you in the night watches.

7 For you have been my helper, \*  
and under the shadow of your wings I will rejoice.

8 My soul clings to you; \*  
your right hand holds me fast. [Antiphon]

THE SECOND LESSON

1 Corinthians 10:1-13

*Lector* A reading from the First Letter of Paul to the Corinthians.

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness. Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come.

So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

*Lector*           The Word of the Lord.

*People*           **Thanks be to God.**

*The people stand for the Gospel Procession and sing the hymn.*

HYMN 648

When Israel was in Egypt's land

*Go Down, Moses*

THE HOLY GOSPEL

Luke 13:1-9

*Priest*   The Holy Gospel of Our Lord Jesus Christ according to Luke.

*People*           **Glory be to thee, O Lord.**

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them—do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did." Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

*Priest*           The Gospel of the Lord.

*People*           **Praise be to thee, O Christ.**

*The people are seated.*

SERMON

Father Santiago Rodriguez

*Silence is kept.*

THE NICENE CREED

BCP, p. 358

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.**

**For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Form II, BCP, p. 385

*After each bidding, the People offer their own prayers, either silently or aloud.*

I ask your prayers for God's people throughout the world; for Sean Rowe, our Presiding Bishop; for E. Mark Stevenson; Gayle Harris, our bishops; for this gathering; and for all ministers and people. Pray for the Church.

*Silence*

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

*Silence*

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble.

*Silence*

I ask your prayers for all who seek God, or a deeper knowledge of him. Pray that they may find and be found by him.

*Silence*

I ask your prayers for the departed, especially William Ritter, father of parishioner Christina Ritter; Don Richardson, husband of parishioner Newbie Richardson. Pray for those who have died.

*Silence*

Praise God for those in every generation in whom Christ has been honored. Pray that we may have grace to glorify Christ in our own day.

*Silence*

*Celebrant* Heavenly Father, you have promised to hear what we ask in the Name of your Son: Accept and fulfill our petitions, we pray, not as we ask in our ignorance, nor as we deserve in our sinfulness, but as you know and love us in your Son Jesus Christ our Lord. **Amen.**

THE PEACE

BCP, p. 332

*Celebrant* The peace of the Lord be always with you.  
*People* **And with thy spirit.**





*Unison or harmony*

Ho - ly, ho - ly, ho - ly, Lord God of Hosts: Heaven and  
 earth are full of thy glo - ry. Glo-ry be to thee, O Lord Most High.  
 Bless - ed is he that com - eth in the name of the  
 Lord. Ho - san - na in the high - est.

Music: James McGregor (b. 1930), after *Verbum caro factum est*, Hans Leo Hassler (1564-1612). Copyright © 1976 James McGregor.

*The people stand or kneel. Then the Celebrant continues.*

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord; By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say:

THE LORD'S PRAYER

BCP, p. 336

Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done on earth as it is in heaven.  
Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE FRACTION ANTHEM

Hymnal S-169

The musical notation is written on two staves. The first staff begins with a treble clef and a common time signature. It contains a single measure with a whole rest, followed by a repeat sign. The melody then consists of a series of quarter notes: C4, D4, E4, F4, G4, A4, B4, and C5. The lyrics "My flesh is food in - deed, and my blood is drink in -" are aligned under the notes. The second staff also begins with a treble clef and a common time signature. It contains a whole note, followed by a measure with a repeat sign. The melody consists of a series of quarter notes: C4, D4, E4, F4, G4, A4, B4, and C5. The lyrics "deed, says the Lord. My Lord. Those who eat my" are aligned under the notes. Above the second staff, there are two performance instructions: "1 All" and "2 Cantor or Choir".

All

flesh and drink my blood dwell in me and I in them. My

flesh is food in - deed, and my blood is drink in - deed, says the Lord.

Music: Ray W. Urwin (b. 1950). Copyright © 1984 by Ray W. Urwin. Used by permission.

THE PRAYER OF HUMBLE ACCESS

BCP, p. 337

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

THE INVITATION TO COMMUNION

BCP, p. 338

*Celebrant* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*All baptized Christians are welcome to receive the eucharist.*

*Please come forward to the altar rail at the direction of the ushers.*

*A full communion is made with the bread alone, but if you choose to receive the wine, you may either drink from the cup, or you may offer your wafer to the person holding the chalice, who will dip the bread in the wine for you.*

*If you prefer a blessing, please cross your arms over your chest. Gluten free wafers are available; simply ask the priest.*

*If you do not wish to receive communion at the altar, please let an usher know, and communion can be brought to you in your pew.*

HYMN 685

Rock of ages, cleft for me

Toplady

THE SENDING FORTH OF LAY EUCHARISTIC MINISTERS

*Celebrant* In the name of this congregation, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood.

*People* **We who are many are one body, because we share in one bread, one cup.**

*The people stand or kneel.*

THE POSTCOMMUNION PRAYER

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

SOLEMN PRAYER OVER THE PEOPLE

*Celebrant* Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord.

*People* **Amen.**

*All stand and sing the hymn.*

CLOSING HYMN 343

Lord, dismiss us with thy blessing

*Sicilian Mariners*

THE DISMISSAL

BCP, p. 339

*Priest* Let us go forth in the name of Christ.

*People* **Thanks be to God.**

VOLUNTARY Postlude on “Go Down, Moses” and “I Want to Be Ready” *Charles Callahan (1951-2023)*

*At the end of liturgy today, one of the priests will be available at the Lady Altar for prayers for healing.  
Please allow quiet and privacy for those seeking prayer.*

## Music Notes

**Fela Sowande** was born in Nigeria and became a US citizen in 1977. His organ compositions show a strong Nigerian influence, as well as Western style. In the book, "Nigerian Art Music," Bode Omojola observes: "Fela Sowande is undoubtedly the father of modern Nigerian Art Music."

The organ works of Fela Sowande are based on thematic materials from the Yoruba ethnic group of Nigeria and the African-American musical repertory, particularly spirituals. Most of his compositions for organ use indigenous Yoruba church hymn tunes and Yoruba folk songs. This creative procedure enhances the Nigerian flavor in the music and compartmentalizes the pieces within the framework of modern Nigerian art music.

*Go Down Moses* is one of three pieces Sowande wrote that is built on an African-American spiritual. The sustained moderate tempo of this piece lends it to the depiction of the commanding voice of God to Moses in Egypt. The piece fluctuates among diverse tempo markings showcasing the various stages of Moses' mission before Pharaoh the king and the children of Israel. The brilliant fortissimo closure of the piece and the final introduction of the Picardy third in the last five measures signify the victorious exodus of the Israelites from Egypt into the Promised Land.

Palestrina's motet, *Sicut cervus*, is a setting of Psalm 42:1. Serene and sensuous, its four-voice Renaissance polyphony evokes the flowing water that promises to satisfy the thirsty deer. Its expansive, continuously aspiring lines suggest a deep sense of longing and lament. **Giovanni Pierluigi da Palestrina (c. 1525-1594)** composed six books of motets, along with other liturgical music and nearly 100 madrigals. *Sicut cervus* was published posthumously in Venice in 1604. (Timothy Judd)

**Charles Callahan (1951-2023)** was well known as an award-winning composer, organist, choral conductor, pianist, and teacher—with over 300 works in print for organ, piano, chorus, solo voice, chamber ensemble and orchestra. He was a graduate of The Curtis Institute of Music, Philadelphia, Pennsylvania and The Catholic University of America, Washington, D.C. His arrangement of the two spirituals "Go Down Moses" and "I Want To Be Ready" starts with a fanfare, then presents both spirituals in turn and ends with the fanfare from the beginning.

"Go Down Moses" is a powerful African American spiritual that tells the story of the Israelites' escape from slavery in Egypt. It draws inspiration from the Book of Exodus, where God instructs Moses to demand Pharaoh release the Israelites. The lyrics express the yearning for freedom, both for the Israelites fleeing Egypt and for enslaved people in America. The song became an anthem for many seeking liberation, and its references to the Jordan River, a symbol of freedom in spirituals, resonated with those seeking escape on the Underground Railroad. Feared for its message, "Go Down Moses" was even outlawed by some enslavers.

The spiritual "I Want to Be Ready," also known as "Walk in Jerusalem," is a song filled with hope for the afterlife. It draws imagery from the Book of Revelation, describing a heavenly Jerusalem with streets of gold. The lyrics express a longing to be prepared for this glorious destination. The repeated refrain, "I want to be ready," reflects a yearning for spiritual purity and a life lived in accordance with God's will. This spiritual served as a source of comfort for enslaved people facing hardship, offering a vision of a future free from suffering.

## SERVING @ GRACE TODAY

*Celebrant*

Mother Anne Turner

*Preacher*

Father Santiago Rodriguez

*Children's Chapel*

Noah Aukerman

*Lay Eucharistic Ministers*

Matt Williams, Alex Willson

*Lector*

Mary Hix

*Intercessor*

Khacki Berry

*Music Director*

Dr. Alain Truche

*Ushers*

Brad Bergmann & June Huber, John Hall, Sarah Schultz

*Live Stream Crew*

Eleanor Reed, Stephen Lovell

*Altar Guild Crew Leaders*

Sarah Schultz, Kemp Williams

## ANNOUNCEMENTS AS OF MARCH 23, 2025

Announcement deadline is Monday at 12 pm. Submissions after the deadline are held for the following week. Please email announcements (75 words or less) to [announcements@gracealex.org](mailto:announcements@gracealex.org).

Lent is a season of beautiful simplicity. For this reason, there are no Altar Flowers during Lent. Stay tuned for an upcoming announcement about dedicating flowers for Easter.

### NEW ANNOUNCEMENTS @ GRACE THIS WEEK

#### SHRINE MONT SUMMER CAMPS – FOR ALL AGES!

Looking for a meaningful summer experience for your child, teen, or even the whole family? Shrine Mont Camps offer multiple sleep-away camps, each one distinguished by unique themes, type of camper, activities of focus, and different age groups. Located in the beautiful Shenandoah Valley, all campers enjoy fun activities, outdoor adventures, and building friendships in an inclusive Christian community.

Visit [www.shrinemontcamps.org](http://www.shrinemontcamps.org) for more information and to register online. Scholarship funds are available. Don't wait - sessions are filling quickly!

#### MINISTRY FUNDRAISING REQUEST REMINDER

All fundraising at Grace Church—whether appeals for donations or sales of goods/services by parish entities or outside organizations—must be explicitly approved by the Vestry, as outlined in our Policies & Procedures. The Vestry is responsible for setting policies and making decisions about the disposition of any funds raised by parish entities. Please contact your ministry's vestry liaison with any fundraising requests or questions. Note: Vestry meets on the third Tuesday of most months, and bulletin submissions each week must be submitted by noon of the preceding Monday. Please plan requests accordingly, giving the liaison ample time to review your request and ask any pertinent questions prior to vestry review. Questions? Contact Sarah Schultz, Senior Warden ([SarahSchultz9@gmail.com](mailto:SarahSchultz9@gmail.com)/703-399-0646)

### ANNOUNCEMENTS @ GRACE THIS WEEK

#### ADULT FORUM SCHEDULE

Adult forum is offered Sundays 9:40 -10:15 am in the St. Mark room (2nd floor) or virtually via Zoom link sent in the Sunday morning email. Tea and coffee are available just outside the St. Mark Room from 9:30. All are welcome at any forum; no commitment required.

March 23: Restoration of the Anglican/Episcopal Church in Georgia (Europe), by Thoma Lipartiani

March 30: Shrine Mont 2025 Theme Reveal and Conversation, by Morgan Miller and other 2025 coordinators

April 6: Building a Vision for the Future of Grace, by Mother Anne Turner and Eleanor Reed

April 13: Palm Sunday Intergenerational Event – No separate adult forum

April 20: Easter Day – No adult forum

April 27: Grace at Work: Ethical Journalism, by Chris Rugaber

#### CONFESSION IN LENT

Clergy are available at the chancel on Thursdays in Lent from 11 am - 12 pm for the Rite of Reconciliation (individual confession). No sign up is necessary. If you would like to make a confession at another time, please contact a member of the clergy, who will be glad to schedule an appointment.

#### STATIONS OF THE CROSS IN LENT

On Fridays in Lent, we walk the Stations of the Cross at 12:00 noon in the nave, followed by a short eucharistic service. All are welcome.

#### PROTECT OUR NAVE

Please do not bring drinks (even in a sealed cup) or food into the nave during worship. Help us keep the space clean and preserve our reverent environment.



## ANNOUNCEMENTS @ GRACE THIS WEEK (CONTINUED)

### INQUIRER'S CLASS – CONTINUES MARCH 26TH

New to Grace? Curious about the Episcopal Church or the Christian faith? Join our Inquirers' Class, a five-week introduction held on Wednesday evenings as part of the Lenten Series. In a welcoming small-group setting, we explore the church's history, worship, and mission, creating space for questions and discovery. The capstone event to this class for many is baptism, confirmation, reception from another Christian tradition, or reaffirmation of your baptismal vows. A simple dinner is served from 5:45 to 6:30 pm, followed by class from 6:30 to 7:15 pm and Compline from 7:15 to 7:30 pm. Join us for any or all sessions - everyone is welcome! For more information, contact Father Santiago Rodriguez at [santiago.rodriquez@gracealex.org](mailto:santiago.rodriquez@gracealex.org).

### HOLY HIKE FOR YOUNG ADULTS – SATURDAY, MARCH 29<sup>TH</sup>

We invite our young adults (twenties to early forties) to join our clergy for a Holy Hike, worshiping God in the beauty of the outdoors! Join us on Saturday, March 29th, for a hike along the Billy Goat A Trail. The hike, which should last 3-4 hours, is mostly level but involves rock scrambling. Meet at 9:00 a.m. at the Great Falls Tavern Visitor Center parking lot. Be sure to wear good hiking shoes and bring plenty of water. As part of our time together, we will celebrate Eucharist on the trail. Please RSVP to Father Santiago at [santiago.rodriquez@gracealex.org](mailto:santiago.rodriquez@gracealex.org). If river conditions cause the trail to close, we'll reach out with revised plans. For those interested, we'll also offer an optional lunch outing after the hike. We hope you'll join us for this special time of faith, fellowship, and nature!

### FELLOWSHIP AND PARISH LIFE UPDATES

As we observe the Lenten season, now is a perfect opportunity to make new commitments to our Grace community. Our Fellowship ministry currently has a very small cadre of volunteers. During Lent, the coffee hours and Lenten suppers offer opportunities for more people to become familiar with the Merrow Hall kitchen and simple ways to help with parish gatherings of all kinds. Be on the lookout for a Sunday coffee hour sign up to set up beverages, simple snacks, and clean up. Potluck food donations are perfect. Want to get more involved in parish life or have questions? Contact Lynn Rohrs, [weaverlynn47@gmail.com](mailto:weaverlynn47@gmail.com).

### WALK THE CAMINO WITH CHRIST CHURCH – JUNE 16-26<sup>TH</sup>

Christ Church in Old Town invites all Grace parishioners to join generations of pilgrims to walk the 100k stretch of the Camino de Santiago in northwestern Spain over 6 walking days, ending at the beautiful Santiago Cathedral. Registration for this pilgrimage is open and will close when we have filled 16 spots. Email The Rev. Noelle York-Simmons ([nyorksimmons@historichristchurch.org](mailto:nyorksimmons@historichristchurch.org)) for trip details.

## BIRTHDAYS @ GRACE THIS WEEK

Sunday, March 23	Mia Giacomo, Benjamin Kupczyk
Monday, March 24	Corrinne Tschetter
Wednesday, March 26	Elizabeth Corley, Lisa Doelp, Lydia Geisinger, Kathy Zucca
Thursday, March 27	Simon Kupczyk
Friday, March 28	Caleb Killian
Sunday, March 30	Brad Bergmann



*Parishioner birthdays are listed weekly based on records from Breeze, our church database. For birthdays missing or listed on an incorrect date, please contact the church office to update your record. **Thank you!***

## EVENTS @ GRACE THIS WEEK

DATE	EVENT	LOCATION	CONTACT / INFO*
<b>Sunday, 3/23</b>	7:30 am Holy Eucharist, Rite I	Nave	
	8:45 am La Santa Eucaristía	La Nave	
	9:00 am Little Church, Rite II	Auditorium	
	9:40 - 10:15 Sunday School and Adult Forum	Various Locations	
	10:30 am Choral Eucharist, Rite II	Nave / Livestream	
	5:00 pm Contemplative Holy Eucharist, Rite II	Nave	
<b>Monday 3/24</b>	Food Pantry Bagging - 3:30 - 5:30 pm	1 <sup>st</sup> floor Lobby	<a href="mailto:Jennifer.Pease@gracealex.org">Jennifer.Pease@gracealex.org</a>
<b>Tuesday 3/25</b>	Morning Prayer - 9:00 am		
	Food Pantry Distribution - 6:30 pm	1 <sup>st</sup> floor Lobby	<a href="mailto:Jennifer.Pease@gracealex.org">Jennifer.Pease@gracealex.org</a>
<b>Wednesday, 3/26</b>	Morning Prayer - 9:00 am	Malm Narthex	
	Food Pantry (Unloading of Delivery) - 2 - 4 pm	1 <sup>st</sup> floor Lobby	<a href="mailto:Jennifer.Pease@gracealex.org">Jennifer.Pease@gracealex.org</a>
	Evening Prayer - 5:30 pm	Zoom	Lucy-Lee Reed - 703.842.3121
	Lenten Evening Programming 5:30-7:30 pm	Various Locations	
	Bible Study - 7:30 pm	Zoom	<a href="mailto:Stephen.Lovell@gracealex.org">Stephen.Lovell@gracealex.org</a>
	Alcoholics Anonymous - 8 pm	MH Auditorium	
	Alanon - 8 pm	St. Luke Room	
<b>Thursday, 3/27</b>	Morning Prayer - 9:00 am	Malm Narthex	
	Confession & Reconciliation 11 am - 12 pm	Library	
	Holy Eucharist, Rite 2 - 12:00 pm	Nave	
	Food Pantry Bagging - 3:30 - 5:30 pm	1 <sup>st</sup> floor Lobby	<a href="mailto:Jennifer.Pease@gracealex.org">Jennifer.Pease@gracealex.org</a>
	Handbell Choir Rehearsal - 6 pm	Malm Narthex	<a href="mailto:Alain.truche@gracealex.org">Alain.truche@gracealex.org</a>
	Adult Choir Rehearsal - 7 pm	St. Cecilia Room	<a href="mailto:Alain.truche@gracealex.org">Alain.truche@gracealex.org</a>
<b>Friday, 3/28</b>	Stations of the Cross - 12:00 pm	Nave	
	Food Pantry Bagging - 3 - 5 pm	1 <sup>st</sup> floor Lobby	<a href="mailto:Jennifer.Pease@gracealex.org">Jennifer.Pease@gracealex.org</a>
	Food Pantry Distribution - 6:30 pm		
<b>Saturday, 3/29</b>	Altar Guild Set Up - 9 am	Narthex, Sacristy	
	Holy Hike - 9 am	Great Falls Park	
	Bible Study - 10 am	Zoom	<a href="mailto:cmfaddencrosby@gmail.com">cmfaddencrosby@gmail.com</a>
	Food Pantry Bagging - 1 - 3 pm	1 <sup>st</sup> floor Lobby	<a href="mailto:Jennifer.Pease@gracealex.org">Jennifer.Pease@gracealex.org</a>

## PRAYER @ GRACE THIS WEEK

*We continue praying for all those in need of healing of mind, body, or spirit. We also pray for wisdom and strength for our communities, our elected officials, and our leaders as they make difficult and important decisions. As we join in common prayer this weekend, let us remember those who are in any need or trouble.*

- **Parishioners:** Virginia, Lisa, Tina, Hector, Wendy, Amorita, Caz & family, Debbie, Kelly, John, Sigrid, Ed, Charles, Colin, Jennifer, Lisa, Igor, David & Joanie, Jan, Elly, Sara, Jean, Lorna, Alison, Christina, Doug.
- **Parishioners and others in assisted living:** Margaret, Nancy, Sally, Clare, Elesa, Mary Ann, Cynthia, Reg, Don, Susan, James, Peck, Vylma, Bette.
- **Family & friends:** Barbara, Mark, Klaus, Nancy, Michael, Cyndy, Sharon, Scott, Carl, Christine, Ada, Santos, Don, Troy, Dick, Danny, Cathie, Cameron, Patti & Joe, Amy, Bill, Markita, Theresa, Judy & Bryan, Rob, Sherry, Pearl, Heather, Josh & parents, Terrie, Jack, Marcy, Eileen, Frank, Jim, Bridget, Charlotte, Lucy, Sarah, Katherine, Deanna, Allen, Camille, Diane, Markita, Leslie, Larry, Ed.
- **Members of our staff:** Addie, Alain, Amorita, Mother Anne, Betsy, Mother Emma, Jane, Kevin, Mary, Madeline, Pedro, Father Santiago.
- **Grace School:** Students & their families; for the staff, especially Amanda, head of school.
- **Outreach & Justice Partners:** ALIVE; Casa Chirilagua; Christ Church Refugee and Lazarus Ministries; Community Lodgings; Cristosal, El Salvador; Haiti Micah Project; Meade Memorial Lunch Program; Tanzania Mission; Tenants and Workers; V.O.I.C.E.; Kathleen and Eddie Arthur Hearts of Love Fund.
- **Those who have died:** William Ritter, father of parishioner Christina Ritter; Don Richardson, husband of parishioner Newbie Richardson; those who have died from illnesses and natural disasters; and all those killed in acts of terror, violence, and war around the world.
- **Those serving our country in the Armed Forces and State Department overseas:** LCDR Claire S. Eudy, USN; SSGT Chip Fowler, USAF; Erika Olander; for healing for US troops wounded as casualties of war; and for physical and mental well-being of all veterans.
- **Others who are overseas serving the Church or our nation or studying:** Chris & Melissa Reed, Lit & Mary Carol Tazewell, Virginia Robinson.
- **Diocese of Virginia Prayer Cycle:** Bishop E. Mark Stevenson; Bishop Gayle E. Harris; Diocesan staff; Shrine Mont Camps; all Bishops participating in the House of Bishops meeting.
- **Anglican Prayer Cycle:** Iglesia Anglicana de la Region Central de America; The Diocese of Maper, Province of the Episcopal Church of South Sudan; The Diocese of Mara, The Anglican Church of Tanzania; The Diocese of Maralal, The Anglican Church of Kenya; The Diocese of Marathwada, The Church of North India (United); The Diocese of Maridi, Province of the Episcopal Church of South Sudan; The Diocese of Marsabit, The Anglican Church of Kenya.

You can fill out a [Prayer Request Form](#) on our Website or email your request to [prayers@gracealex.org](mailto:prayers@gracealex.org)



# Holy Imagination

## Journey With Us Through Lent

*Wednesdays March 12 - April 9: Holy Imagination: Learning to Listen for God*

5:30-5:45 pm Evening Prayer (Zoom option)  
5:45-6:30 pm Simple Lenten Supper  
6:30-7:15 pm Program (Choose from three tracks)  
7:15 - 7:30 pm Sung Compline in the Nave

Three Program Tracks: Youth Confirmation, Inquirers Class, and "Learning to Listen for God"

### Topics for "Learning to Listen for God"

*Join us as we discuss different forms of discernment and visioning. We will ask the important questions "What is God dreaming for me?" and "What is God dreaming for a community I am in?"*

March 12: Listening through Play  
March 19: Listening through Scripture  
March 26 : Listening through Culture  
April 2: Listening through Music  
April 9: Listening through Creativity

### *Additional Programs During Lent*

#### Thursdays

Confession Offered 11 am - 12:00 pm  
*Holy Eucharist with Healing, Rite II @ 12:00 pm*

#### Fridays

*Stations of the Cross & Eucharist, Rite I @ 12:00 pm*  
*Via Crucis y Cenita (in Spanish) @ 7:00 pm*

### *Sundays During Lent*

7:30 am - Holy Eucharist Rite I  
8:45 am - La Santa Eucaristia (in Spanish)  
9:00 am - Little Church  
9:30 am - Adult Forum  
9:30 am - Sunday School for Children & Youth  
10:30 am - Choral Eucharist Rite II (Livestreamed)  
5:00 pm - Contemplative Eucharist for Lent