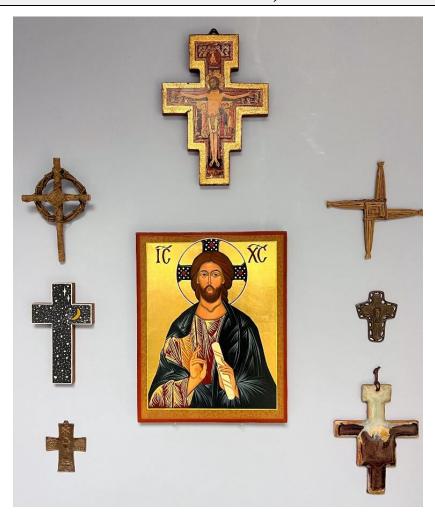


Grace Episcopal Church

3601 Russell Rd. Alexandria, Virginia 22305 www.gracealex.org 703.549.1980

First Sunday in Lent March 9, 2024 – 10:30 am Choral Eucharist, Rite I



We follow the way of the cross: the way of sacrificial love. This love leads us to greater freedom and deeper connection with God and with others.

-Connecting @ Grace

Address: 3601 Russell Rd., Alexandria, VA 22305 • Phone: 703.549.1980 • Website: www.gracealex.org
Facebook: www.facebook.com/GraceEpiscopalChurchAlexandriaVa
• Instagram: @graceepisalexva

WELCOME TO GRACE EPISCOPAL CHURCH

We are pleased to welcome you to Grace Church. If you are joining us for the first time, please send us a message at welcome@gracealex.org, so we can get to know you. We can also add you to our mailing list by request. We're glad to have you join with us in worshipping God in the beauty of holiness, something which is central to our identity at Grace. We hope you will join with us in sharing the love of God with this world that needs healing.

Assisted listening devices are available for use during worship. Please see an usher if you'd like to use one.



Please silence your cell phones during worship.

Our Mission Statement

To Love, Proclaim, and Serve God

Through + life-giving liturgical worship + joyful community + empowering others

Contacting Grace

Please feel free to contact our staff.

Our regular office hours are Monday to Thursday 9 am – 3 pm, and Fridays 9 am – 12 noon. (Mother Anne & Mother Emma are out of the office on Mondays and Father Santiago is out of the office on Fridays)

Staff			
Noah Aukerman	Betsy Bamford		
Seminarian	Jane Avery		
<u>naukerman@vts.edu</u>	Nursery Workers (part-time)		
The Rev. Emma Brice	Addie Budnick		
Associate Rector & School Chaplain	Communications Support		
emma.brice@gracealex.org	Announcement requests - announcements@gracealex.org		
Mary Cyrus	Kevin Hamilton		
Financial Administrator (part-time)	Director of Operations and Communication		
financial.admin@gracealex.org	director.of.operations@gracealex.org		
Amanda Hungerford	Pedro Hernández		
Interim Head of Grace Episcopal School	Amorita Quintanilla		
ahungerford@graceschoolalex.org	Sextons		
Madeline Manaker	The Rev. Santiago Rodriguez		
Finance Assistant (part-time)	Associate Rector		
madeline.manaker@gracealex.org	santiago.rodriguez@gracealex.org		
The Rev. Deacon Ignacio Solano Gómez	Dr. Alain Truche		
Seminarian	Director of Music		
<u>isolanogomez@vts.edu</u>	<u>alain.truche@gracealex.org</u>		

The Rev. Dr. Anne Michele Turner

Rector

anne.turner@gracealex.org

IN NEED OF PASTORAL CARE?

Clergy and staff are available for pastoral care. Please call the church office at (703) 549-1980 if you're ill or need pastoral care. For emergencies after hours, please call the <u>After-hours Emergency Number: (703) 261-9079</u>, and the priest on call will assist you.

HOME COMMUNION

Home Communion is available upon request for parishioners who desire this service by Eucharistic Visitors every Sunday. Home Communion will be in one form, Bread only. To request Home Communion, parishioners are asked to contact the Parish Office by telephone at 703-549-1980 no later than 12 pm on the Wednesday prior to the Sunday on which they would like to receive Home Communion.

FIRST SUNDAY OF LENT CHORAL EUCHARIST, RITE I

Children 3 months until 3 years are welcome in the nursery. Please ask an usher to direct you.

Great Litany

The Great Litany dates back to the 5th century, and it was the first English language rite prepared by Thomas Cranmer, in 1544. The Great Litany is traditionally used on the first Sunday of Lent, because of its penitential tone, but it can be read on the First Sunday of Advent (the first Sunday of the church year), at Rogation Days (prior to the feast of the Ascension in May), or at any other time during the church year. The Litany encompasses the harm from which we seek protection, as well as the power of Christ to deliver us.

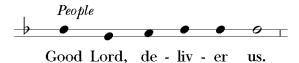
PRELUDE Brenda Portman (b. 1980) Dyptich 1.Prayer 2.Paean The people stand at the tolling of the bell. THE GREAT LITANY For the full text of the litany, see page 148 of the Book of Common Prayer Officiant the Father, Creator of heaven and earth, God Have mer - cy up - on us. Officiant People God the Son, Redeemer of the world, Have mer - cy up - on Officiant People God the Holy Ghost, Sanctifier of the faith-ful, Have mer-cy up-on us. Officiant People holy, blessed, and glorious Trinity, one God. Have mer - cy up - on us. Officiant Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy Peoplefor Spare Lord. preserve us ev er. us, good Officiant From evil and wickedness; from sin; from the crafts and assaults of the

dam - na - tion,

devil;

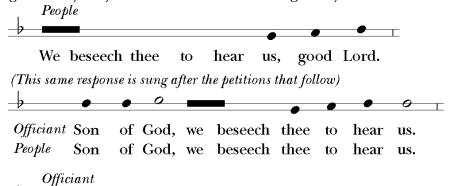
and

from everlast - ing



(This same response is sung after the petitions that follow)

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,



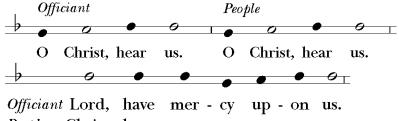


O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us. O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.

People



O Lamb of God, that takest away the sins of the world, Grant us thy peace.



People Christ, have mer - cy up - on us.

Officiant Lord, have mer - cy up - on us.

Officiant Lord, have mer - cy up - on us.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People And with thy spirit

Celebrant Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen**.

The people are seated.

Children ages 3 years – 3rd grade follow the Crucifer to Children's Chapel.

THE LITURGY OF THE WORD

THE FIRST LESSON Deuteronomy 26:1-11

Lector A reading from the Book of Deuteronomy.

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Lector The Word of the Lord.

People Thanks be to God.

RESPONSORIAL PSALM 91:1-2, 9-16

The choir sings the antiphon first. Please sing it the second time and where indicated.



- 1 He who dwells in the shelter of the Most High, * abides under the shadow of the Almighty.
- 2 He shall say to the Lord, "You are my refuge and my stronghold, * my God in whom I put my trust."
- 9 Because you have made the Lord your refuge, * and the Most High your habitation,
- 10 There shall no evil happen to you, * neither shall any plague come near your dwelling. [Antiphon]
- 11 For he shall give his angels charge over you, * to keep you in all your ways.
- 12 They shall bear you in their hands, * lest you dash your foot against a stone.
- 13 You shall tread upon the lion and adder; * you shall trample the young lion and the serpent under your feet.
- 14 Because he is bound to me in love, therefore will I deliver him; * I will protect him, because he knows my Name.

15 He shall call upon me, and I will answer him; * I am with him in trouble;
I will rescue him and bring him to honor.
16 With long life will I satisfy him, * and show him my salvation. [Antiphon]

THE SECOND LESSON Romans 10:8b-13

Lector A reading from the Letter of Paul to the Romans.

"The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

Lector The Word of the Lord.

People Thanks be to God.

The people stand for the Gospel Procession and sing the hymn.

HYMN 529 In Christ there is no East or West McKee

THE HOLY GOSPEL Luke 4:1-13

Priest The Holy Gospel of Our Lord Jesus Christ according to Luke.

People Glory be to thee, O Lord.

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone." Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

'Worship the Lord your God, and serve only him." Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone." Jesus answered him, "It is said, 'Do not put the Lord your God to the test." When the devil had finished every test, he departed from him until an opportune time.

Priest The Gospel of the Lord.
People Praise be to thee, O Christ.

The people are seated.

SERMON Father Santiago Rodriugez

Silence is kept.

THE NICENE CREED BCP, p. 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ,

the only Son of God,

eternally begotten of the Father,

God from God, Light from Light,

true God from true God,

begotten, not made,

of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary,

and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PEACE BCP, p. 332

Celebrant The peace of the Lord be always with you.

People And with thy spirit.

ANNOUNCEMENTS

THE HOLY COMMUNION

THE OFFERTORY

We invite you to give to the work of the church electronically via Tithe.ly by scanning this QR code.



OFFERTORY ANTHEM

Like as the hart

Herbert Howells (1892-1983)

Like as the hart desireth the waterbrooks:
so longeth my soul after thee, O God.
My soul is athirst for God, yea, even for the living God:

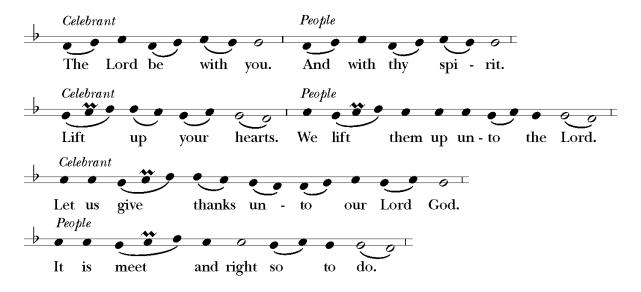
when shall I come to appear before the presence of God?

My tears have been my meat day and night: while they daily say unto me, Where is now thy God?

Deo Gracias

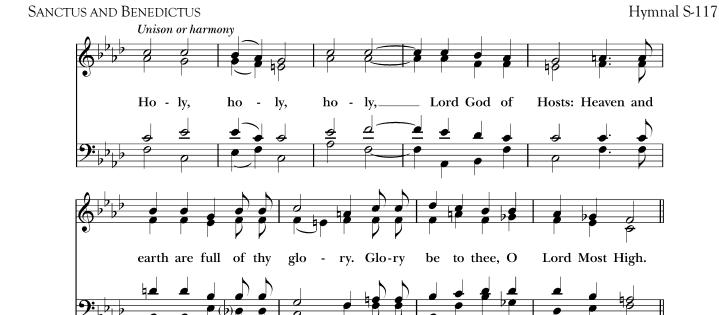
THE GREAT THANKSGIVING: EUCHARISTIC PRAYER I

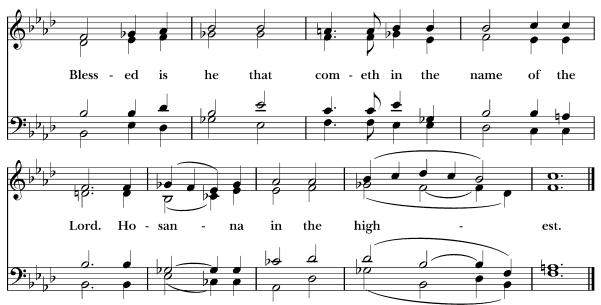
BCP, p. 333



The Celebrant continues.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:





Music: James McGregor (b. 1930), after *Verbum caro factum est*, Hans Leo Hassler (1564-1612). Copyright © 1976 James McGregor.

The people stand or kneel. Then the Celebrant continues.

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord; By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say:

THE LORD'S PRAYER BCP, p. 336

Our Father, who art in heaven, hallowed be thy Name,

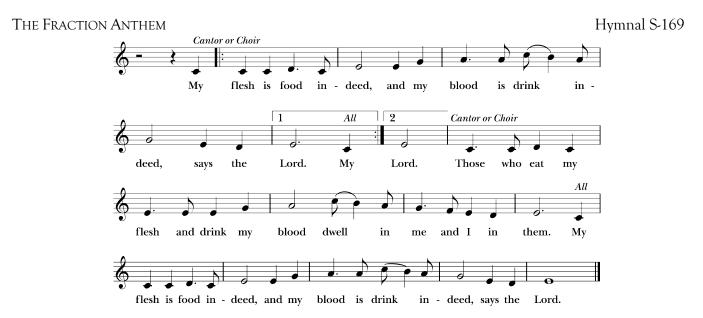
thy kingdom come, thy will be done on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.



Music: Ray W. Urwin (b. 1950). Copyright © 1984 by Ray W. Urwin. Used by permission.

THE PRAYER OF HUMBLE ACCESS

BCP, p. 337

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

THE INVITATION TO COMMUNION

BCP, p. 338

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized Christians are welcome to receive the eucharist.

Please come forward to the altar rail at the direction of the ushers.

A full communion is made with the bread alone, but if you choose to receive the wine, you may either drink from the cup, or you may offer your wafer to the person holding the chalice, who will dip the bread in the wine for you.

If you prefer a blessing, please cross your arms over your chest. Gluten free wafers are available; simply ask the priest. If you do not wish to receive communion at the altar, please let an usher know, and communion can be brought to you in your pew.

HYMN 147 Now let us all with one accord Bourbon

THE SENDING FORTH OF LAY EUCHARISTIC MINISTERS

Celebrant In the name of this congregation, I send you forth bearing these holy gifts, that those to

whom you go may share with us in the communion of Christ's Body and Blood.

People We who are many are one body, because we share in one bread, one cup.

The people stand or kneel.

THE POSTCOMMUNION PRAYER

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

SOLEMN PRAYER OVER THE PEOPLE

Celebrant Grant, Almighty God, that your people may recognize their weakness and

put their whole trust in your strength, so that they may rejoice for ever in

the protection of thy loving providence; through Christ our Lord.

People Amen.

All stand and sing the hymn.

CLOSING HYMN 149 Eternal Lord of love, behold your Church

THE DISMISSAL BCP, p. 339

Priest Let us go forth in the name of Christ.

People Thanks be to God.

VOLUNTARY Fantasy on "Deo Gracias" Craig Phillips (b. 1961)

At the end of liturgy today, one of the priests will be available at the Lady Altar for prayers for healing.

Please allow quiet and privacy for those seeking prayer.

Old 124th

Music Notes

Today is Woman Composer Sunday. For centuries, women were excluded or discouraged from contributing music for the church. Established in 2021 by the Society of Women Organists and Royal College of Organists in the United Kingdom and adopted by the American Guild of Organists, Woman Composer Sunday raises awareness of the contributions of these composers during Women's History Month. Our organist, Dr. Alain Truche, is joining others in the U.K., United States, and around the world on this day by performing *Dyptich* by **Brenda Portman** during the Prelude. *Dyptich* is the Winner in the Concert Work category of the American Guild of Organists' 2025 Woman Composer Sunday Organ Composition Competition.

Following a decade of successes in performance competitions, and now with her compositions increasingly in demand, Brenda Portman has established a well-respected dual career as both a concert organist and composer. She serves as the Resident Organist at Hyde Park Community United Methodist Church in Cincinnati, Ohio, where she is also the Executive Director of the church's renowned Organ Concert Series. She is the Organ Instructor at Xavier University in Cincinnati, and also teaches organ and piano privately.

Herbert Howells was one of a long line of 19th and 20th century English composers who wrote anthems and service music for the Church of England. In the opinion of many musicians today, Howells rises to the top of the whole list. His compositions have the impeccable craft of a master composer and, above all, an exceptional poetic beauty. The phrase "so longeth my soul after thee, O God," for example, perfectly evokes an inner soul's intense hunger and longing to reside in the beautiful presence of a loving God. Likewise, when the sopranos first sing "My tears have been my meat," we feel their sadness which obviously has been going on for quite some time. Even the simple, final three chords on the organ can conjure up a whole series of emotions to different listeners. – Dennis Keene

Craig Phillips (b. 1961) is a distinguished American composer and organist, known for his significant contributions to choral and organ music. He serves as the Director of Music at All Saints' Church in Beverly Hills. Phillips' compositions are regularly performed in churches and cathedrals across the United States and internationally. His works have been featured in concerts throughout North America, Europe, and Asia. He has received numerous accolades, including being named the American Guild of Organists Distinguished Composer in 2012. His hymn setting on the hymn tune Deo Gracias is a brilliant toccata, somewhat in the French manner, ending in a dramatic flourish for full organ. The middle section is quieter and explores the organ introduction to the hymn.

SERVING @ GRACE TODAY

Celebrant
Preacher
Assisting & Children's Chapel
Lay Eucaristic Ministers
Lector
Music Director
Ushers
Live Stream Crew
Altar Guild Crew Leaders

Mother Emma Brice Father Santiago Rodriguez Mother Anne Turner Noah Woodiwiss, John Thompson Khacki Berry Dr. Alain Truche Chuck & Sherryl Dodd, John Hall, Evan Robinson Jay Legere, Sarah Schultz Beth Yancey, Sarah Schultz

ANNOUNCEMENTS AS OF MARCH 9, 2025

Announcement deadline is Monday at 12 pm. Submissions after the deadline are held for the following week. Please email announcements (75 words or less) to announcements@gracealex.org.

Lent is a season of beautiful simplicity. For this reason, there are no Altar Flower Dedications during Lent. Stay tuned for an upcoming announcement about dedicating flowers for Easter.

NEW ANNOUNCEMENTS @ GRACE THIS WEEK

IMMIGRATION RIGHTS WORKSHOP TODAY

Today, March 9th at 12:30 p.m. in the Saint Mark Room, Grace Church will be hosting an Immigration Rights workshop. This workshop is especially important for those who want to assist as legal observers at the Food Pantry, but it is open to all who are interested in learning more about legal rights in dealing with immigration authorities.

CONFESSION IN LENT

Clergy are available at the chancel on Thursdays in Lent from 11 am - 12 pm for the Rite of Reconciliation (individual confession). No sign up is necessary. If you would like to make a confession at another time, please contact a member of the clergy, who will be glad to schedule an appointment.

STATIONS OF THE CROSS IN LENT

On Fridays in Lent, we walk the Stations of the Cross at 12:00 noon in the nave, followed by a short eucharistic service. All are welcome.

HOLY HIKE FOR YOUNG ADULTS – SATURDAY, MARCH 29TH

We invite our young adults (twenties to early forties) to join our clergy for a Holy Hike, worshiping God in the beauty of the outdoors! Join us on Saturday, March 29th, for a hike along the Billy Goat A Trail. The hike, which should last 3–4 hours, is mostly level but involves rock scrambling. Meet at 9:00 a.m. at the Great Falls Tavern Visitor Center parking lot. Be sure to wear good hiking shoes and bring plenty of water. As part of our time together, we will celebrate Eucharist on the trail. Please RSVP to Father Santiago at santiago.rodriguez@gracealex.org. If river conditions cause the trail to close, we'll reach out with revised plans. For those interested, we'll also offer an optional lunch outing after the hike. We hope you'll join us for this special time of faith, fellowship, and nature!

NATIONAL REBUILDING DAY APRIL 26

For the third year in a row Grace will be participating in National Rebuilding Day. Saturday April 26 is the date this year. Those who participated last year are welcome to return, and we are especially seeking first-timers and members of our EYC. This is an adult-youth project on a one-day, one-team, one-house improvement mission. Participants will perform a variety of basic home improvements both indoors and outdoors for a community member in need. If this kind of mission teamwork appeals to you, please email by 3/20 to either Robert Schultz at robertsschultz@hotmail.com or Cindy MacIntyre at cindymacrd@gmail.com. All participants need to bring is their energy and enthusiasm! A special thank you also to the Outreach Committee for supporting this effort financially.

PROTECT OUR NAVE

Please do not bring drinks (even in a sealed cup) or food into the nave during worship. Help us keep the space clean and preserve our reverent environment.

NEW ANNOUNCEMENTS @ GRACE THIS WEEK (CONTINUED)

Don't Go Phishing!

Churches have become targets for phishing/email scams as those with malicious intent use a variety of methods (email, social media, and text messaging) to access your private information and/or cause harm to your computer/devices. Often these attempts include language commonly used in church settings to make the communication seem credible. Clergy and staff will not use private email for church business but will use an email address ending in @gracealex.org. Clergy and staff will also never ask for money or purchases. If you receive a questionable email stating the sender is Grace clergy or staff, do not click any links (they could link to viruses or allow someone to access your computer/device) and contact the church office.

ANNOUNCEMENTS @ GRACE THIS WEEK

CONTEMPLATIVE EUCHARIST DURING LENT

During the season of Lent, our Sunday 5:00 p.m. eucharist will offer a space for contemplation and reflection. The service will include candlelight and incense, as well as extended periods of silence in place of a traditional sermon. The clergy hope that this new service format will offer a new way to deepen the gifts of the Spirit during this holy season.

ADULT FORUM SCHEDULE

Adult forum is offered Sundays 9:40 -10:15 am in the St. Mark room (2nd floor) or virtually via Zoom link sent in the Sunday morning email. Tea and coffee are available just outside the St. Mark Room from 9:30. All are welcome at any forum; no commitment required.

March 9: Spiritual Imagination, by Mother Anne Turner

March 16: Books That Bring Hope, by Mary Stewart and parishioners

March 23: Restoration of the Anglican/Episcopal Church in Georgia (Europe), by Thoma Lipartiani

March 30: Shrine Mont 2025 Theme Reveal and Conversation, by Morgan Miller and other 2025 coordinators

April 6: Building a Vision for the Future of Grace, by Mother Anne Turner and Eleanor Reed

April 13: Palm Sunday Intergenerational Event - No separate adult forum

April 20: Easter Day - No adult forum

April 70: Grace at Work: Ethical Journalism, by Chris Rugaber

INOUIRER'S CLASS - BEGINS MARCH 12TH

New to Grace? Curious about the Episcopal Church or the Christian faith? Join our Inquirers' Class, a five-week introduction held on Wednesday evenings as part of the Lenten Series. In a welcoming small-group setting, we explore the church's history, worship, and mission, creating space for questions and discovery. The capstone event to this class for many is baptism, confirmation, reception from another Christian tradition, or reaffirmation of your baptismal vows. A simple dinner is served from 5:45 to 6:30 pm, followed by class from 6:30 to 7:15 pm and Compline from 7:15 to 7:30 pm. Join us for any or all sessions – everyone is welcome! For more information, contact Father Santiago Rodriguez at santiago.rodriguez@gracealex.org.

VIGIL FOR OUR COUNTRY

On Tuesday, March 18 at 6:00 p.m., Grace Church will offer a vigil for our country. This liturgy will include a eucharist as well as a time to offer prayers for vulnerable individuals and groups: immigrants, LGBTQ+ individuals, and others. We plan to offer this liturgy on the third Tuesday of each month.

DIOCESAN YOUTH RETREAT FOR MIDDLE SCHOOLERS

Mother Emma is helping to coordinate a diocesan-wide youth retreat at Shrine Mont for middle schoolers (grades 6-8). The overnight retreat will begin Friday, March 21st in the evening and conclude Sunday, March 23rd midday. If you are interested in participating as a youth or a chaperone, please contact Mother Emma Brice at Emma.Brice@gracealex.org as soon as possible.

Sunday, March 9 Monday, March 10 Wednesday, March 12 Thursday, March 13 Saturday, March 15 Scott Knudsen Lynn Rohrs, Heather Wishart-Smith Natalie Kupczyk BIRTHDAY Scott Knudsen Lynn Rohrs, Heather Wishart-Smith Natalie Kupczyk BIRTHDAY

Parishioner birthdays are listed weekly based on records from Breeze, our church database. For birthdays missing or listed on an incorrect date, please contact the church office to update your record. **Thank you!**

	EVENTS @ GRACE TH	HIS WEEK	
DATE	EVENT	LOCATION	CONTACT / INFO*
Sunday, 3/9	7:30 am Holy Eucharist, Rite I	Nave	
	8:45 am La Santa Eucaristía	La Nave	
	9:00 am Little Church, Rite II	Auditorium	
	9:40 - 10:15 Sunday School and Adult Forum	Various Locations	
	10:30 am Choral Eucharist, Rite II	Nave / Livestream	
	5:00 pm Contemplative Holy Eucharist, Rite II	Nave	
Monday 3/10	Food Pantry Bagging - 3:30 - 5:30 pm	1st floor Lobby	Jennifer.Pease@gracealex.org
Tuesday 3/11	Morning Prayer – 9:00 am	Malm Narthex	
	Food Pantry Distribution - 6:30 pm	1st floor Lobby	Jennifer.Pease@gracealex.org
Wednesday, 3/12	Morning Prayer - 9:00 am	Malm Narthex	
	Food Pantry (Unloading Delivery) - 2:00 - 4:00 pm	1st floor Lobby	Jennifer.Pease@gracealex.org
	Evening Prayer – 5:30 pm	Zoom	Lucy-Lee Reed - 703.842.3121
	Lenten Evening Programming 5:30 – 7::30 pm	Various Locations	
	Bible Study - 7:30 pm	Zoom	Stephen.Lovell@gracealex.org
	Alcoholics Anonymous - 8:00 pm	MH Auditorium	
	Alanon – 8:00 pm	St. Luke Room	
Thursday, 3/13	Morning Prayer – 9:00 am	Malm Narthex	
	Confession & Reconciliation 11:00 am - 12:00 pm	Nave (chancel)	
	Holy Eucharist, Rite 2 - 12:00 pm	Nave	
	Food Pantry Bagging – 3:30 – 5:30 pm	1st floor Lobby	Jennifer.Pease@gracealex.org
	Handbell Choir Rehearsal - 6:00 pm	Malm Narthex	Alain.truche@gracealex.org
	Adult Choir Rehearsal - 7:00 pm	St. Cecilia Room	Alain.truche@gracealex.org
Friday, 3/14	Stations of the Cross – 12:00 pm	Nave	
	Food Pantry Bagging - 3:00 - 5:00 pm	1st floor Lobby	lennifer.Pease@gracealex.org
	Food Pantry Distribution - 6:30 pm		
Saturday, 3/15	Altar Guild Set Up - 9:00 am	Narthex, Sacristy	
	Bible Study - 10:00 am	Zoom	cmfaddencrosby@gmail.com
	Food Pantry Bagging - 1:00 - 3:00 pm	1st floor Lobby	Jennifer.Pease@gracealex.org

PRAYER @ GRACE THIS WEEK

We continue praying for all those in need of healing of mind, body, or spirit. We also pray for wisdom and strength for our communities, our elected officials, and our leaders as they make difficult and important decisions. As we join in common prayer this weekend, let us remember those who are in any need or trouble.

- Parishioners: Virginia, Lisa, Tina, Hector, Wendy, Amorita, Caz & family, Debbie, Kelly, John, Sigrid, Ed, Charles, Colin, Jennifer, Lisa, Igor, David & Joanie, Jan, Elly, Sara, Jean, Lorna, Donna & John, Alison, Teresa, Bill.
- Parishioners and others in assisted living: Margaret, Nancy, Sally, Clare, Elesa, Mary Ann, Cynthia, Reg, Don, Susan, James, Peck, Vylma, Bette.
- Family & friends: Barbara, Mark, Klaus, Nancy, Michael, Cyndy, Sharon, Scott, Carl, Christine, Ada, Santos, Don, Troy, Dick, Danny, Cathie, Cameron, Patti & Joe, Amy, Bill, Markita, Theresa, Judy & Bryan, Rob, Sherry, Pearl, Heather, Josh & parents, Terrie, Jack, Marcy, Eileen, Frank, Jim, Bridget, Charlotte, Lucy, Sarah, Katherine.
- Members of our staff: Mother Anne, Father Santiago, Mother Emma, Alain, Mary, Kevin, Madeline, Addie, Pedro, Amorita, Betsy, Jane.
- Grace School: Students & their families; for the staff, especially Amanda, head of school.
- Outreach & Justice Partners: ALIVE; Casa Chirilagua; Christ Church Refugee and Lazarus Ministries; Community Lodgings; Cristosal, El Salvador; Haiti Micah Project; Meade Memorial Lunch Program; Tanzania Mission; Tenants and Workers; V.O.I.C.E.; Kathleen and Eddie Arthur Hearts of Love Fund.
- Those who have died: Those who have died from illnesses and natural disasters; and all those killed in acts of terror, violence, and war around the world.
- Those serving our country in the Armed Forces and State Department overseas: LCDR Claire S. Eudy, USN; SSgt Chip Fowler, USAF; Erika Olander; for healing for US troops wounded as casualties of war; and for physical and mental well-being of all veterans.
- Others who are overseas serving the Church or our nation or studying: Chris & Melissa Reed, Lit & Mary Carol Tazewell, Virginia Robinson.
- Diocese of Virginia Prayer Cycle: Bishop E. Mark Stevenson; Bishop Gayle E. Harris; Diocesan staff; Grace, Casanova; St. John's, Arlington; St. Patrick's, Falls Church.
- Anglican Prayer Cycle: The Anglican Church of Canada; The Diocese of Malakal, Province of the Episcopal Church of South Sudan; The Diocese of Lake Malawi, The Church of the Province of Central Africa; The Diocese of Northern Malawi, The Church of the Province of Central Africa; The Diocese of Southern Malawi, The Church of the Province of Central Africa; The Diocese of West Malaysia, Church of the Province of South East Asia; The Diocese of Malek, Province of the Episcopal Church of South Sudan.

You can fill out a <u>Prayer Request Form</u> on our Website or email your request to <u>prayers@gracealex.org</u>



Journey With Us Through Lent

Shrove Tuesday, March 4.

6:00 - 7:30 pm Pancake Supper in the Merrow Hall Auditorium, All are invited!

\$6 per person for a short stack & \$8 for a tall stack. Take home kits also available.

All proceeds benefit the 2025 J2A pilgrimage.

Additional Programs During Lent

Thursdays

Confession Offered 11 am - 12:00 pm Holy Eucharist with Healing, Rite II @ 12:00 pm Fridays

Stations of the Cross & Eucharist, Rite I @ 12:00 pm Via Crucis y Cenita (in Spanish) @ 7:00 pm

Ash Wednesday, March 5

Imposition of ashes at all services

Ashes to go (Potomac Yard Metro) 7:00 - 11:00 am

7:00 am - Holy Eucharist, Rite I 12:00 pm - Holy Eucharist, Rite I

5:00 pm - Children's Service

7:00 pm - Bilingual Eucharist, Rite I

Sundays During Lent

7:30 am - Holy Eucharist Rite I

8:45 am - La Santa Eucaristía (in Spanish)

9:00 am - Little Church

9:30 am - Adult Forum

9:30 am - Sunday School for Children & Youth

10:30 am - Choral Eucharist Rite II (Livestreamed) 5:00 pm -Contemplative Eucharist for Lent

Wednesdays March 12 - April 0: Holy Tragination: Learning to Listen for God

5:30-5:45 pm Evening Prayer (Zoom option)

5:45-6:30 pm Simple Lenten Supper

6:30-7:15 pm Program (Choose from three tracks)

7:15 - 7:30 pm Sung Compline in the Nave

Three Program Tracks: Youth Confirmation, Inquirers Class, and "Learning to Listen for God"

Topics for "Learning to Listen for God"

Join us as we discuss different forms of discernment and visioning. We will ask the important questions "What is God dreaming fo<mark>r me?" and "What is God dreaming for a community I am in?"</mark>



March 12: Listening through Play

March 19: Listening through Scripture

March 26: Listening through Culture

April 2: Listening through Music

April 9: Listening through Creativity



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