# A DEVOTIONAL FOR THE ELECTION SEASON

By Father Santiago Rodriguez

#### Election Devotional Seven: Election Day Prayers

"First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for everyone, for rules and all who are in positions of authority, so that we may lead a quiet and peaceable life in all godliness and dignity." - 1 Timothy 2:1-2

#### PRAYING FOR ELECTION DAY

As election day approaches, it's natural for emotions and anxieties to rise. If you Are feeling anxious and worried, I am sorry. There is no denying that we live in a pretty stressful world right now. And when we are anxious or worried, we can spend time thinking about the worst case scenario. And this creates a lot of stress and tension in our mind and body, which can leave us feeling pretty overwhelmed.

First, let me say that your feelings are valid. It's normal to feel anxious about something as significant as this election, especially when so much of it is beyond our control. The outcome, the reactions - those are all uncertain. But what we can control is how we choose to show up in the face of that uncertainty.

Prayer offers us a way to bring our swirling thoughts and emotions to God, surrendering what we cannot control. It helps us avoid being swept away by anxiety, grounding us in what we can do: voting, caring for ourselves and our loved ones, and tending to our inner peace.

As we prepare for what lies ahead, I invite you to join me in prayer, to lift up our emotions, our anxieties, and the well-being of our country into the hands of the One who holds it all.

#### PRAYER BEFORE ELECTION DAY: FOR BLESSED ASSURANCE

O God of peace, in the stillness of your presence, help us to find rest from our anxious thoughts. As the days ahead feel uncertain, draw us into your quiet strength, that we may trust in your goodness, no matter the outcome. Calm our hearts, renew our minds, and lead us to a place of trust in your providence. May we wait in the peace of knowing that you hold all things, and that all things hold in you. All this we ask through Christ our Lord. Amen.

### PRAYER FOR ELECTION DAY: FOR OUR NATION

God of justice and mercy, on this day of decision, we lift our nation into your hands. Guide every voter with wisdom, and grant our leaders humility to serve with integrity and compassion. In the midst of differing opinions, may we remember our shared dignity and responsibility to one another. Let your peace reign over this land, and may your will be done for the good of all people. In your most holy Name we pray. Amen.

## PRAYER FOR THE DAY AFTER ELECTION: FOR MORAL COURAGE

O Lord, no matter the results, we stand today as your disciples. Grant us the courage to live with love, to act with justice, and to speak with truth, reflecting your light in a divided world. Strengthen us to be agents of peace, working for the good of all, and to hold fast to the call to love our neighbors as ourselves. May we live not in fear, but in the boldness of your grace. This we ask confident in the graceful love of Jesus. Amen.

I also commend to you the Prayers for National Life, including the Prayer for Social Justice (BCP 820-823). <u>Book of Common Prayer Online</u>

**GRACE EPISCOPAL CHURCH** 3601 Russell Road • Alexandria, VA 22305 703.549.1980 • <u>welcome@gracealex.org</u>



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