

# Learning to Love



## 2026 Lenten Series

Tuesdays, February 24 - March 24, 5:45 - 7:45 pm

*"We loved because he first loved us." 1 John 4:19*

Join us Tuesday evenings during Lent, 5:45 - 7:45 pm, as we offer programming to enrich the season of lent for the entire family. Beginning at 5:45 pm, various Grace Church Ministries provide a simple supper, followed by a talk on spiritual practices to cultivate a loving heart. Children move to a parallel program designed just for them. We then end each session at 7:30 pm praying compline together.

This year's theme is "Learning to Love." Learning to love is central to our identity as Christians, grounded in scripture, and informed by the example of Jesus and Christians throughout history. For Episcopalians, love rooted in Christ is the foundation of our faith and life.

During our weekly talk (*lasting about 45 minutes*), we'll explore topics like Learning to Love through Spirituality, Racial Reconciliation, Praying for Our Enemies, and Nonviolent Communication. The first talk is Tuesday, February 24. The following talks are on March 3, 10, 17, and 24. Attend as many sessions as you'd like or attend them all. Each session stands independently yet stays connected to the theme.

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### Additional Programs During Lent

Thursdays

Confession Offered 11:30 am - 12 pm

*Holy Eucharist with Healing, Rite II @ 12 pm*

Fridays

*Stations of the Cross & Eucharist, Rite I @ 12 pm*

*Via Crucis y Cenita (in Spanish) @ 7 pm*

### Sundays During Lent

7:30 am - Holy Eucharist Rite I

8:45 am - La Santa Eucaristía (in Spanish)

9 am - Little Church

9:40 am - Adult Forum

9:40 am - Sunday School for Children & Youth

10:30 am - Choral Eucharist Rite II (*Livestreamed*)

5 pm - Contemplative Eucharist for Lent

### Behold the Cross- A Quiet Day on the Passion: February 28, 9 a.m. - 11:30 am

On Saturday February 28, there will be a stations of the cross retreat from 9 - 11:30 am. We will pray the stations together and then write a reflection or two about different stations, followed with a celebration of the Eucharist. These reflections will be used prayerfully at the Good Friday service. This is a great opportunity to deepen our relationship with Christ as we meditate on His passion.